

SLOW COOKER POTATO SOUP
YIELD: 8-10 SERVINGS

INGREDIENTS:

- 6 slices cooked bacon, diced
- 3-4 cups good-quality chicken or vegetable stock
- 2 pounds potatoes, peeled (if desired) and diced
- 1 medium white or yellow onion, peeled and diced
- 4 tablespoons bacon grease (or butter)
- 1/3 cup all-purpose flour
- 1 (12-ounce) can 2% evaporated milk
- 1 cup shredded reduced-fat sharp cheddar cheese
- 1/2 cup plain low-fat Greek yogurt or low-fat sour cream
- 1 teaspoon Kosher salt, or more to taste
- 1/2 teaspoon freshly-cracked black pepper

Optional toppings: thinly-sliced green onions or chives, extra shredded cheese, extra bacon, sour cream

DIRECTIONS:

1. Add bacon, 3 cups chicken stock, potatoes and onion to the bowl of a large slow cooker, and stir to combine. Cook on low for 6-8 hours or on high for 3-4 hours, or until the potatoes are completely tender and cooked through.
2. Once the soup has slow cooked and is about ready to serve, cook the butter in a small saucepan on the stove over medium-high heat until it has melted. Whisk in the flour until it is completely combined, and then cook for 1 minute, stirring occasionally. Gradually add in the evaporated milk while whisking it together with the flour mixture, and continue whisking until the mixture is completely smooth. Let the mixture continue cooking until it reaches a simmer, stirring occasionally, and then it should get really thick.
3. Immediately pour the milk mixture into the slow cooker with the potatoes, and stir until combined. Add in the cheddar cheese, Greek yogurt (or sour cream), salt and pepper, and stir until combined. For thicker soup, use a potato masher or a large spoon to mash about half of the potatoes (while the soup is still in the slow cooker) to thicken the soup up. For thinner soup, add in an extra 1-2 cups of warmed chicken or vegetable stock. Stir to combine, then taste and add more salt and pepper if needed.
4. Serve warm, garnished with desired toppings. Refrigerate for up to 3 days. (This recipe will not freeze well.)

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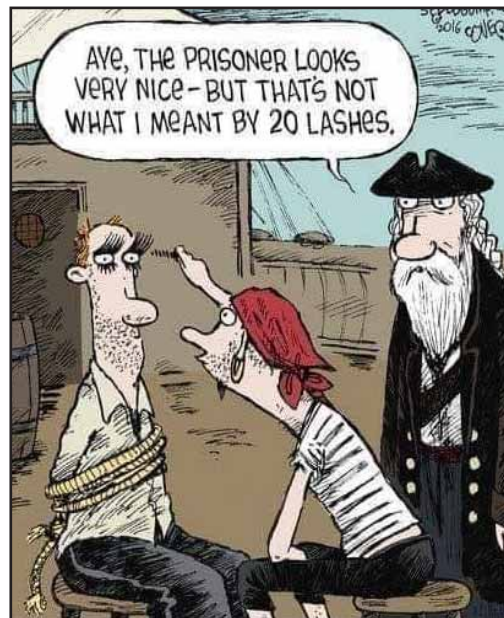
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Double Speak Answers:
1. Haste makes waste.
2. A barking dog never bites.
3. Don't cry over spilled milk.
4. People who live in glass houses
5. Look before you leap.

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February 17, 2021



Double-Speak Proverbs - Read the descriptions provided below and try to guess which proverb (old saying) they each represent. Don't worry if you say the "proverb" in a slightly different way than shown in these answers. Over the years, there are many slightly different ways of expressing an old proverb! Have fun with these!

1. Superfluous chronological dispatch institutes riddance of valued effects.
2. A canine which gives vent to his sentiments by a series of vocal efforts, rarely finds use of his bicuspid.
3. There's no value to be derived from demanding attention by loud screeches over fallen white liquid derived from the lactic glands of a female bovine.
4. A body of persons abiding in a domicile of silica combined with metallic oxides should not carelessly project small geological specimens.
5. Exercise your visual facilities prior to executing a jump.



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— Bob Hope

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~ With the Spirit ~
"He only is my rock and my salvation, my fortress; I shall not be shaken."
— Psalm 62:6

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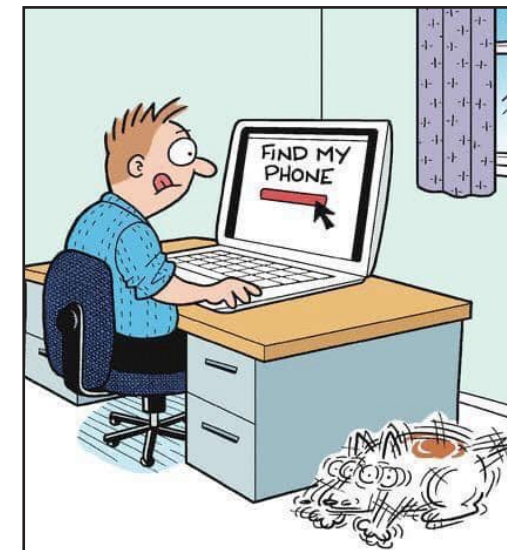
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Wind	Cold	Ice	Winter

Sledding
Snowman
Cold
Winter

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3.	yourballcourt	4.	B Cat ga
5.	T B Bush A E	6.	1. 2. Blame 3. Blame
7.	belly	8.	ri poorch
9.	mce mce mce	10.	MONSTER



There are EIGHT differences to find in the photo. Can you see them?
Congratulations to you if you find them all!



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