



Cars (Makes & Models)



Q V O Q O Y I B R F U V G W M O T A T M
 H R F E R R A R I L Q C H R Y S L E R C
 Y A A F T O A D N O H V O L V O L I A X
 S U H U B F B G O A D N J L W A A K E T
 J G N E G A W S K L O V J E J U N M I J
 O A S L A J M F Z E J L F V X R D S L D
 M J S S H M E I C M I P K A L A R A H R
 A T E S L A I A T H O W O T Q B O U O O
 Z R Z K C I U B M S E Y R R Q U V D T F
 D X O K J U F H B J U V I L S S E I B L
 A M C A D I L L A C C B R U D C R R V K
 E F W I T B I C B F N K I O P M H X T L
 G F O K X M O P F Q L U I S L O N E O R
 D Z D H A W T A R U Z U S I H E K D Y E
 O Q N A X T A W E J M O K U E I T G O N
 D I A S L T I M M B N S U X E L Y L T Q
 F G S U Z K F F M E V M R A I P E Z A Z
 N W S B O W R K U P S R H W E Q L Q W O
 D E I I Q X J L H Q A F O E X V F U Q G
 F G N N T V A U Z D A W J R J K U C Y J

Word list:

- | | | | |
|-----------|---------|------------|------------|
| AUDI | FERRARI | JEEP | PORSCHE |
| BMW | FIAT | KIA | SAAB |
| BUICK | FORD | LANDROVER | SUBARU |
| CADILLAC | HONDA | LEXUS | TESLA |
| CHEVROLET | HUMMER | MAZDA | TOYOTA |
| CHRYSLER | ISUZU | MITSUBISHI | VOLKSWAGEN |
| DODGE | JAGUAR | NISSAN | VOLVO |



Deadline for ads is Fridays at 12 noon. Visit: www.blueravendesign.ca



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March 4, 2026



International Women's Day (IWD) is celebrated on March 8 as a day to recognize women's ongoing fight for equality, freedom, and full participation in society. It highlights key issues such as gender equality, reproductive rights, and the prevention of violence and abuse against women.

The day has its roots in the global movement for women's suffrage and grew out of early 20th-century labor movements in Europe and North America.

One of the earliest observances was a 'Woman's Day' organized by the Socialist Party of America in New York City on February 28, 1909. Inspired by that effort, activist Clara Zetkin proposed the idea of an annual "Working Women's Day" at the 1910 International Socialist Women's Conference in Copenhagen, though no specific date was chosen at the time. The following year, demonstrations and commemorations took place across Europe.

In 1922, March 8 was officially recognized as International Women's Day in the Soviet Union to honor women's role in the 1917 Russian Revolution, and it was subsequently observed on that date in many socialist and communist countries.

In 1977, the United Nations formally recognized March 8 as International Women's Day, helping to establish it as a global day of awareness and celebration.

"The most common way people give up their power is by thinking they don't have any." – Alice Walker

Spring Forward!

Sunday, March 8, 2026
2:00 am → 3:00 am
 Clocks are turned forward 1 hour to:
 Sunday, March 8, 2026, 3:00:00 am
 Local Daylight Time Instead.

MANITOBA AUTHOR
JOHN WARMS

Available on Amazon
www.amazon.ca/author/B0FJYKJ8B4

Tumbler Ridge Tragedy Appeal



Canadian Red Cross / Croix-Rouge canadienne

MOOSEHORN HALL FRIDAY NIGHT BINGO
 MARCH 6 - 7 PM
JACKPOT \$1700 IN 52#'S
 MINI TOONIE \$1600+

"IF YOU DON'T RISK ANYTHING, YOU RISK EVEN MORE."
 ERICA JONG

ADAM T. ELVIS & 4-PIECE BAND

SAT, MARCH 14 | 7 PM START

\$25 PER TICKET
 INCLUDES REFRESHMENTS & SNACKS

CASH BAR & 50/50 RAFFLE

LOCATION: MOOSEHORN CENTENNIAL HALL

2.5 HOURS OF LIVE CLASSIC MUSIC!
 JOHNNY CASH • 50'S ELVIS • VEGAS ELVIS

TICKETS AVAILABLE AT MOOSEHORN CO-OP HARDWARE & CONVENIENT STORE, MOOSEHORN HOTEL OR VIA E-TRANSFER TO MOOSEHORNCOMMCLUB@GMAIL.COM

MOOSEHORN COMMUNITY CLUB FUNDRAISER

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"The question isn't who is going to let me; it's who is going to stop me."
— Ayn Rand



♈ Aries (Mar 21 – Apr 19) Your patience is thinner than Manitoba ice in April. Choose your battles wisely – not every hill needs your flag planted on it.

♉ Taurus (Apr 20 – May 20) Comfort is calling your name. Lean into cozy, good food, and familiar faces – stability is your superpower this week.

♊ Gemini (May 21 – Jun 20) You've got something to say. Just make sure it lands the way you mean it to. Delivery matters, even when you're right.

♋ Cancer (Jun 21 – Jul 22) Your intuition is loud right now. If something feels off, it probably is. Protect your peace without apology.

♌ Leo (Jul 23 – Aug 22) You're magnetic this week – use it wisely. Lead with warmth, not ego, and get exactly the response you're hoping for.

♍ Virgo (Aug 23 – Sep 22) You can't organize other people's chaos for them. Focus on your lane and let the rest sort itself out.

♎ Libra (Sep 23 – Oct 22) Balance feels tricky lately. Make one small decision just for you – harmony starts at home.

♏ Scorpio (Oct 23 – Nov 21) Something you've been watching quietly is about to reveal itself. Stay observant. Power doesn't always need to announce itself.

♐ Sagittarius (Nov 22 – Dec 21) Restlessness is creeping in. Plan something – even small – that gives you something to look forward to.

♑ Capricorn (Dec 22 – Jan 19) You're carrying more than people realize. Delegate where you can. Strength doesn't mean doing everything alone.

♒ Aquarius (Jan 20 – Feb 18) Your ideas are ahead of their time (as usual). Keep planting seeds. Not everyone sees the vision yet. They will.

♓ Pisces (Feb 19 – Mar 20) Emotions are running deep. Channel them into something creative instead of letting them swirl. You'll feel lighter for it.



Speaking with Kindness - We all experience these moments sometimes; one minute a conversation feels easy and familiar, and the next, something subtly changes. A comment stings, a tone hardens or an uncomfortable topic appears. Almost instantly, your inner world shifts. Your body tightens, your mind starts racing, and it can feel as if there's a sudden distance between you and the other person.

What is quickly happening beneath the surface is something we all share: Each of us listens and responds through the lens of our own past experience, fears, and assumptions. And when we feel triggered, it can be harder to fully hear what someone else is saying or needing in that moment. Misunderstandings tend to multiply, not because anyone is uncaring or doing something wrong, but because stress narrows our perception.

This is where mindfulness and compassion can make a profound difference. When we pause, notice what is happening within us, and meet both ourselves and others with greater patience and curiosity, space begins to return. Understanding has room to grow.

Even small shifts; taking a breath before reacting, or cultivating a willingness to listen can nurture deeper trust and stronger relationships.



I shave every day, but my beard stays the same. Who am I?
Answer: A barber.

Asterisk Sudoku – Easy Large Print!

2	3	9	8	7	5	1		
4	5	6		9	2			7
	7	8	6	4				
7		1				3		8
	4	2	5	3		7		1
3			7	8		4	2	9
9	8		3		6	5	1	4
5		4	9	1			8	
6	3	4	5			9		



An AMBER Alert is an emergency, high-priority notification system designed to immediately involve the public in locating an abducted child believed to be in imminent danger. It flashes descriptions of the child, suspect, vehicle on tv, radio, and phones.

The alert is issued only by police once strict criteria are met, including that the child is under 18, there is reason to believe an abduction has occurred and there is descriptive information that could help locate the child or suspect. In Canada, AMBER Alerts are broadcast through the Alert Ready system, reaching people via television, radio and wireless devices so the public becomes an active partner in the search.

This past week in Winnipeg, an AMBER Alert was issued for a two-year-old believed to have been taken from a home. Police shared details about the child, the suspect and the situation.

Police say the two suspects then went to the area of McPhillips Street and Logan Avenue by taxi. A concerned citizen recognized the suspects and the child based on the Amber Alert, took the child from the two, brought him to their vehicle and waited for officers to arrive. ~CTV News

This is exactly how the system is designed to work. The public's eyes and ears become part of a rapid response and in this case, a calls from a community member helped bring a toddler home safe. That is the power of AMBER Alerts in action. ✨

Manitoba Emergency Reports & Notifications Page on Facebook: <https://www.facebook.com/manitobareportsandnotifications/>

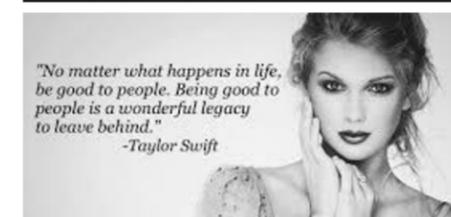
I started a band called 999 Megabytes. We haven't gotten a gig yet.

reason to live
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MANITOBA SUICIDE PREVENTION & SUPPORT LINE
A Clinic Community Health Program
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EACH TIME A WOMAN STANDS UP FOR HERSELF, WITHOUT KNOWING IT POSSIBLY, WITHOUT CLAIMING IT, SHE STANDS UP FOR ALL WOMEN

Maya Angelou

NAME THAT TUNE
Is this the real life?
Is this just fantasy?



When the News Feels Heavy
Phones buzz. Headlines scream. Opinions flood in faster than facts and middle of it all are our kids, listening from the back seat, scrolling quietly in their rooms, overhearing more than we realize.

So how do we talk to them about what's happening in the world without scaring them or pretending nothing is happening?

First, we stay calm. Kids don't need us to have all the answers, they need us to be steady. If they ask about something in the news, start simple: 'What have you heard?' This tells you what they're actually worried about, not what we assume they're worried about.

Keep explanations age-appropriate. Young kids need reassurance about safety and routine. Teenagers need context and honesty. It's okay to say, 'That's complicated,' and here's the big one: teach them how to check news sources.

- Show them:
- Who wrote the article? Is there a real journalist named?
 - What outlet published it? Is it known and reputable?
 - Are other major outlets reporting the same facts?
 - Is it reporting facts or just someone's opinion?

Encourage them to notice emotional language. If a headline is designed to make you furious instantly, that's often the point.

It's healthy to take breaks from the news. We are not meant to carry the weight of the entire planet before breakfast. Let your home be a place where questions are safe, where big world events can be discussed without panic. Where it's okay to say, 'I don't know yet.' The world has always had hard chapters. What steadies children isn't silence, it's seeing adults who can face reality without losing their footing.

Stay informed. Stay thoughtful. And then close the internet and go make supper. The world will still be there tomorrow. ❤️ – Ruby 🍷

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