



The Around Town Paper



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WHAT YOU SHOULD KNOW BEFORE GETTING A PUPPY



Christmas seems to be a popular time for getting a new pet. Puppies are cute and friendly and they pull on our heart strings. But before rushing to buy that sweet little puppy, please remember that it will grow into a dog and with it, a 15+ year commitment. Doing your research before getting a pup will help ensure that you and your dog have many years of happiness and not heartache!

Lifetime Commitment - Your puppy will bond strongly with your family. Getting rid of it because; you are too busy, tired of it or don't have time for it, is not fair to your pet.

What breed of dog best suits your family and lifestyle? - There are many different dog breeds and mixes of breeds out there. Do your research. Be honest with yourself when deciding on what breed is best for you!

Money - Ensure that you can financially afford to take care of a dog. Food, toys, vaccinations and spay/neuter at minimum. Ensure that you have some money set aside for emergencies.

Getting a new puppy is exciting. But it is not something that should happen on a whim. Please do your research, ask the right questions and fully inform yourself before making your choice. A dog will add years of enjoyment to your life if you follow the above suggestions!



NOTICE OF TRAFFIC DISRUPTIONS

Construction to install the new cistern for Ashern Lakeshore General Hospital is underway. The cistern will contain water for facility's sprinkler system and it's a crucial piece of fire safety equipment. To accommodate the install of the cistern, please note the following planned disruptions to traffic:

From November 27 to 30: Main Street will be closed west of Steenson Ave. to excavate down to the waterline. Residents on Poplar Ave. and Spruce Ave. will be able to access their streets via Steenson Ave. and the back lane that connects to Poplar Ave. and Spruce Ave. Ambulance and public access to the hospital will not be affected. Signage and flag persons will be onsite to direct traffic appropriately.

On November 29 starting at 6:00 p.m., workers are attaching a new water line to the main water line resulting in a planned water shutdown that evening for residents surrounding the hospital. After the new water line is installed, a boil water advisory for the immediate area surrounding the hospital will be in place until tests come back negative for all contaminants (up to 16 days). More information has been shared with affected residents through in person notices.

On December 5, the cistern will be placed in the ground by crane. As a result, Steenson Ave. will not be accessible from Main Street. Public, hospital and ambulance traffic going to and from the hospital and surrounding area will be rerouted south down Steenson Ave. onto the back lane and up to Poplar Ave. then onto Main Street. Ambulances will be prioritized.

More project details are available at www.ierha.ca > About Us > Capital Construction Projects. If you have questions or concerns, please email us at info@ierha.ca or call 1-855-347-8500.



Interlake-Eastern
Regional Health Authority

NARROWS SUNSET LODGE

CRAFT SALE

Saturday
December 9, 2023
10 am - 3 pm



\$2 entry fee goes toward
Christmas Hamper
and a ticket for the
door prize!



Still time to book your
festive meal with a buffet
or special menu.

Call (204) 768-2749 or email:
info@narrowssunsetlodge.com



Lunch specials
served
in the lounge.

What is cheese that doesn't
belong to you
called?



Nacho cheese.

RV BOARDING KENNEL & PET FOOD SALES (204)-739-3445



ORDER: <https://www.amazon.ca/dp/BoC6FTD137>

DEADLINE for advertising: Fridays by 12:00 noon



Living Independence for Elders Inc.

is accepting is hiring for
FULL TIME/PART TIME WORK
for our Congregate Meal
program in Ashern
Days of work are Monday-Friday,
7:00 a.m. to 2:00 p.m.

Work can be job shared.

Current Food Handling Certificate
as well as an Adult Abuse
Registry and Criminal Record
check is required.

**Deadline for Applications is
Monday, December 4, 2023.**

Please drop off your resume at the
LIFE Office at #4-61 Main Street or
email to: lifeashern@gmail.com

Job Description available
upon request.



Go with the Flow - Going with the flow doesn't mean we don't know where we're going; rather, we are open to other ways of getting there.

The expression going with the flow is a metaphor that applies to navigating a river. When we go with the flow, we follow the current of the river rather than push against it. People who go with the flow may be interpreted as lazy or passive, but to truly go with the flow requires awareness, presence, and the ability to blend one's own energy with the prevailing energy. Going with the flow doesn't mean we toss our oars into the water and kick back in the boat, hoping for the best. Going with the flow means we let go of our individual agenda and notice the play of energy all around us. We tap into that energy and flow with it, which gets us going where we need to go a whole lot faster than resistance will.

Going with the flow doesn't mean that we don't know where we're going; it means that we are open to multiple ways of getting there. We are also open to changing our destination, clinging more to the essence of our goal than to the particulars. We acknowledge that letting go and modifying our plans is part of the process. Going with the flow means that we are aware of an energy that is larger than our small selves and we are open to working with it, not against it.

Many of us are afraid of going with the flow because we don't trust that we will get where we want to go if we do. This causes us to cling to plans that aren't working, stick to routes that are obstructed, and obsess over relationships that aren't fulfilling. When you find yourself stuck in these kinds of patterns, do yourself a favor and open to the flow of what is rather than resisting it. Trust that the big river of your life has a plan for you and let it carry you onward. Throw overboard those things that are weighing you down. Be open to revising your maps. Take a deep breath and move into the current.

After a prolonged drought when the rain came, all the animals in the forest were happy except the Kangaroo. When the others asked him what the reason was for such sadness, the Kangaroo revealed that the rain meant that all its kids would now be playing inside.



**Digitize Old Slides,
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four calling birds

1			3			8		
		8	7		2	5		
				6			7	
						7		5
				2	9			
			5				6	
	3	5		7			2	8
6		1				4		
4	7							3

Canadian Cities

DIRECTIONS: Find and circle the city names in the grid. Look for them in all directions including backwards and diagonally.



BRAMPTON
 BURLINGTON
 BURNABY
 CALGARY
 EDMONTON
 GATINEAU
 GREATER SUDBURY
 HALIFAX
 HAMILTON
 KITCHENER
 LAVAL
 LONDON
 LONGUEUIL
 MARKHAM
 MISSISSAUGA
 MONTREAL
 OAKVILLE
 OTTAWA
 QUEBEC CITY
 REGINA
 RICHMOND
 RICHMOND HILL
 SASKATOON
 SHERBROOKE
 SURREY
 VANCOUVER
 VAUGHAN
 WINDSOR
 WINNIPEG



Classic Shirley Temples

Ingredients:

- 2 tbsp Grenadine syrup
- 1 tbsp orange juice
- 1 cup lemon-lime soda (7-Up or Sprite)
- cherry for garnish (fresh or Maraschino cherries)
- ice cubes

Instructions

- Fill a glass with ice.
- Add the grenadine syrup, and pour in the orange juice and soda. Stir.
- Garnish with a cherry and enjoy!

This recipe makes 1 drink. Double it, triple it, quadruple it! TIPS:

- Lemon-Lime Soda: You can use generic soda, 7-UP or Sprite or even gingerale.
- Grenadine: You can find this in the drink aisle in the grocery store.
- Garnish: You can use fresh or Maraschino cherries, and make sure to leave the stems on, it looks nice! Orange slices or lime wedges make a pretty garnish too!
- Want this drink more pink? add a splash of maraschino cherry juice!

Aries (March 21 - April 19)

Your natural drive and ambition get a boost from Sagittarius, propelling you towards new challenges. Balance this energy with strategic planning, especially as Mercury moves into Capricorn.

Taurus (April 20 - May 20)

This week, focus on embracing growth and change, especially in your financial and personal spheres. Venus opposing Pluto may bring to light some uncomfortable truths in relationships, urging you to address them.

Gemini (May 21 - June 20)

Post-Full Moon, it's time to consolidate your thoughts and plans. The Sagittarian energy inspires expansion and new experiences, while Mercury's shift into Capricorn encourages a more grounded perspective.

Cancer (June 21 - July 22)

Your focus this week is on nurturing your relationships and emotional health. The energy of Sagittarius may tempt you to explore new paths, but Saturn's influence calls for maintaining stability and security.

Leo (July 23 - August 22)

Sagittarius season brings a surge of creativity and passion. Channel this energy into your projects, but keep an eye on the practicalities, especially as Mercury enters Capricorn.

Virgo (August 23 - September 22)

With Mercury moving into Capricorn, your communication becomes more focused and effective. Use this energy to organize your thoughts and plans, especially regarding work and health.

Libra (September 23 - October 22)

Relationship dynamics may be under the microscope this week. Venus opposing Pluto brings intensity to your interactions, urging you to seek deeper connections and understanding.

Scorpio (October 23 - November 21)

This week is about balancing your intensity with practicality. Reflect on recent decisions and ensure they align with your long-term goals. Mercury's shift into Capricorn aids in making more calculated and strategic plans, especially in your financial and personal realms.

Sagittarius (November 22 - December 21)

Your natural zest for life is amplified, but Saturn's square reminds you to temper your enthusiasm with wisdom. This week is about pursuing your ambitions while staying mindful of your responsibilities and the practical aspects of your endeavors.

Capricorn (December 22 - January 19)

Today is an excellent day for community engagement and innovative thinking. Pursue your humanitarian goals with passion, but remain realistic about what can be achieved.

Aquarius (January 20 - February 18)

Innovative ideas are flowing freely this week, but they require a foundation to become realities. The Sagittarian energy ignites your creative thinking, while Capricorn's influence on Mercury starting Friday nudges you towards a more structured approach.

Pisces (February 19 - March 20)

This week brings a blend of introspection and action. The Sagittarian energy encourages you to dream big, but Mercury's shift into Capricorn grounds you in reality. Mid-week, your emotions take a more serious turn. Use this to reflect deeply on your goals and how you can achieve them realistically.



MOOSEHORN HALL - FRIDAY NIGHT BINGO
DEC 1 - 7 PM
BINGO!
JACKPOT
\$2000
in 53 #'s



NAME THAT TUNE
Well, it's all right
riding around in
the breeze
Well, it's all right
if you live the life
you please

DRIVERS SUPPORTING DRIVERS WITH UPDATES
SPAM
NO DRAMA
HIGHWAY INFO ONLY
NO SPAM, DRAMA, CHAT
FB PAGE & 13+ GROUPS
COMMUNITY SUPPORT

1	6	7	3	5	4	8	9	2
3	9	8	7	1	2	5	4	6
5	2	4	9	6	8	3	7	1
2	4	9	1	3	6	7	8	5
7	5	6	8	2	9	1	3	4
8	1	3	5	4	7	2	6	9
9	3	5	4	7	1	6	2	8
6	8	1	2	9	3	4	5	7
4	7	2	6	8	5	9	1	3

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Get Dr. Scholl's And Be FOOT-HAPPY
For a joyous holiday, spirit and zest for shopping, give your FEET first thought. Go to your Drug, Shoe, Dept. Store or Toilet Goods Counter and ask for the Dr. Scholl Foot Comfort* Remedy you need to make you foot-happy. There's one for most every foot trouble.