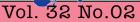
the around town



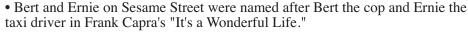


www.blueravendesign.ca

April 19, 2023

'DID YOU KNOW'... RANDOM FUN FACTS.

- 11% of people are left handed.
- August has the highest percentage of births.
- unless food is mixed with saliva you can't taste it.
- the average person falls asleep in 7 minutes.
- a bear has 42 teeth.
- an ostrich's eye is bigger than it's brain.
- most lipsticks contain fish scales.
- no two corn flakes look the same.
- lemons contain more sugar than strawberries.
- 8% of people have an extra rib.
- 85% of plant life is found in the ocean.
- Ralph Lauren's original name was Ralph Lifshitz.
- rabbits like licorice. Who knew!?
- the Hawaiian alphabet has 12 letters.
- 'Topolino' is the name for Mickey Mouse Italy.
- a crocodile cannot stick its tongue out.
- it is physically impossible for pigs to look up into the sky.
- like fingerprints, everyone's tongue print is different.
- there are 293 ways to make change for a dollar.
- almonds are a member of the peach family.
- tigers have striped skin, not just striped fur.



- most people fall asleep in seven minutes.
- 'stewardesses' is the longest word that is typed with only the left hand.







PUBLIC NOTICE is hereby given pursuant to Subsection 162(2) of The Municipal Act that the Council of the RM of Coldwell intends to present its Financial Plan for the fiscal year of 2023 at a public hearing in the Upstairs of the

Lundar Arena

85 Main St. Lundar MB on the 28th day of April, 2023 at 7:00 p.m.

Council will hear any taxpayer who wishes to make representation, ask questions or register an objection to the financial plan, as provided. Please register your attendance with the Municipal Office prior to April 28 th at 3 pm.

Copies of the Financial Plan will be at the hearing for review or Contact the office (204-762-5421) prior to.

Dated this 6th day of April, 2023 Nicole Christensen, CMMA Chief Administrative Officer







Eriksdale:
(204) 739-6454
(204) 739-2710
Mondays at 6:30pm
United Church hall,
please use back door
Toll Free #:
1-(877) 942-0126
Central office:
(204) 943-6051





Rubber bands last longer when refrigerated.

The circumference of Earth is 24,901 miles.

There are over 470 million dogs in the world.

Dragonflies can see in all directions at the same time.



HEIDI KORTE spent years holding back as a singer because of toxic mindsets. Her self-esteem was rooted in having perfect performances and receiving top marks in singing competitions. Seeing the same mental obstacles blocking the artistic journeys of an overwhelming number of her students, she began working with them, helping them avoid the common pitfalls that most young creatives experience but so few talk about.

In On the Edge of Greatness, Heidi shares the secrets to becoming an

authentic creator, along with wisdom and real-life stories from her students and professional creatives, to help identify lie-based thinking and change false belief systems so the reader can learn to move past negativity and be free to create with ease and joy. Each chapter delves into a mental obstacle that hinders young creatives, including:

- fear comparison rejection perfectionism time management avoidance
- negative feedback embarrassment anxiety arrogance and self-sufficiency
 - · creative blocks · failure · motivation · self-doubt · schedule overload
 - self-discipline social media and steps to practically overcome them.

Also included are actions to take, meditations, questions to work through, and space for personal reflection and note-taking. On the Edge of Greatness is designed to inspire young creatives to move beyond their self-imposed limitations and turn creative dreams into realities.

ORDER HERE: https://www.blueravendesign.ca/heidikorte
ABOUT HEIDI KORTE: For as long as she can remember, music has been Heidi
Korte's primary passion. A multi-faceted musician, she is a singer, songwriter,
composer, arranger, and producer.

Heidi has a bachelor's degree in music from the University of Manitoba. She has been teaching music to teenagers and young adults at her studio in Winnipeg for over ten years, where she also coaches her students on the importance of a positive mindset, helping them overcome negativity and fear so that they can thrive as artists. Born and raised in a small community in northern Ontario before moving to Manitoba, Heidi considers herself 'Canadian through and through,' and when she isn't spending her time doing something musical, she enjoys hiking, skating, biking, and swimming lakes in the summers.



If you don't have time to do it right, you certainly don't have time to do it over.

WHAT WORD ANSWERS: 1. Awake 2. Broad-jump 3. Cargo 4. Paradise 5. Organ 6. E-Bay 7. Triple 8. Bagpipes 9. Network 10. Rodeo 11. Stopwatch 12. Honest 13. Shoehorn 14. Tailpipe 15. Arkansas 16. Cartoon 17. Copycat 18. Sweepstake 19. Forefathers 20. Detail

REBUS PUZZLE ANSWERS: 1 For once in my life) 2 Forget it 3 Try to understand 4 Travel overseas or overseas travel 5 Breakfast 6 Downtown 7 Eyeshadow 8 Stepfather 9 Once upon a time 10 Potatoes (pot 8 O's) 11 3D movie 12 Top secret





CANADIAN MADE 5 STARS!

Interlake Rep (204) 768-0543

LET'S PLAY! 'WHAT WORD?

Can you guess what ONE word we are describing? It is just ONE word and this can get a little tricky but fun.

Example: Clue: Display the animal hair - 'Literal' Answer: Show Fur End Answer: Chauffeur *Get it??* See how many you can solve!

- 1. The wave behind a boat
- 2. Lady (slang), hop
- 3. Automobile, green light
- 4. 2 dice
- 5. This that, rifle
- 6. 5th letter, harbour
- 7. Make the 11th letter stumble
- 8. Sack the plumbing
- 9. Fish catcher, play opposite
- 10. Street, 5th & 15th letter
- 11. Halt, tells the time
- 12. Off opposite, bird home
- 13. Tell the dog/cat to get away, car noisemaker
- 14. Animal wagger, used in plumbing
- 15. Noah's boat, aluminum container, cuts wood



16. Automobile, fix the piano sounds

18. Clean the floor, cut of beef

20. 4th letter, dog wagger

19. 2+2, dads

17. Police officer, 5th letter, dog opposite

L	Ι	Р	Ε	Α	R	L	Α	Ε	I	Α	I	Т	D
Α	I	Ε	Α	Κ	Р	E	R	I	D	0	Т	D	D
R	Q	D	Α	R	U	Α	Z	U	R	I	Т	Ε	Ι
U	I	U	L	Т	Α	N	J	Κ	Α	Α	U	S	Α
I	Z	N	Α	Α	Α	R	Z	Α	G	R	R	Α	М
С	R	0	Z	M	R	N	R	I	D	Α	Т	Р	0
Ι	T	I	Т	D	Α	Ε	Z	Ε	Т	Ε	R	Р	N
Т	Р	0	0	L	Υ	R	M	Α	I	Ε	Α	Н	D
R	R	R	Р	D	Α	G	I	Ε	N	J	Р	I	Z
I	Р	M	Р	Α	M	Α	D	N	Κ	I	I	R	Т
N	L	R	L	L	Z	R	I	Е	Ε	R	Т	Е	Α
Ε	0	N	Y	X	R	N	Ε	Ε	Ι	0	U	Ε	Ε
U	L	Α	P	0	R	Ε	Р	S	Α	J	L	В	N
Α	L	Т	S	Υ	Н	Т	Ε	M	Α	Χ	D	I	Υ

TOPAZ
EMERALD
KUNZITE
AQUAMARINE
JADE

ONYX
AZURITE
CITRINE
SAPPHIRE
OPAL

AMETHYST
JASPER
DIAMOND
PEARL
PERIDOT-

RUBY GARNET TANZANITE



RV BOARDING KENNEL & PET FOOD SALES (204)-739-3445





Employment Opportunity Lakeshore Family Resource Centre

@ #9 Main Street in Ashern is accepting applications for

Store Assistant

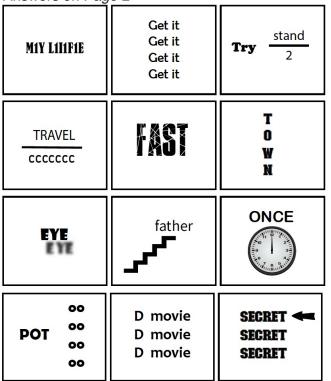
32.5 hrs a week - start date:
May 29th /2023
If you have experience with -retail and /or customer service
-handling cash transactions
-are organized
-are able to lift and
-have great interpersonal skills

Please Submit resumes complete with 3 references to: lwrcthird@gmail.com

Application Deadline: May 15th 2023

Note: Successful applicant will be required to fill out a child and adult abuse registry check.

Rebus Puzzle - Guess the words & expressions
Answers on Page 2



The Around Town Paper is online in FULL COLOUR www.blueravendesign.ca

The average person's left hand does 56% of the typing (when using the proper position of the hands on the keyboard; No 'hunting and pecking'!



Easy Chicken Enchilada Recipe

Prep Time: 20 mins Additional Time: 35 mins

Total Time: 55 mins Servings: 6

INGREDIENTS:

- 1 (28 ounce) can crushed tomatoes (3 cups)
- 2 tablespoons ground cumin
- 1/2-1 teaspoon ground chipotle chile powder
- 1/4 teaspoon salt
- 8 corn tortillas, cut into wedges
- 1 (15 ounce) can black beans, rinsed and drained
- 1 cup chopped chicken (more if you like)
- 2 cups sautéed peppers & onions
- 1 ½ cups shredded cheese blend (6 ounces), divided. This is an equal-parts mixture of mozzarella cheese, cheddar cheese, and Monterey jack cheese.

DIRECTIONS:

Stir tomatoes, cumin, chile powder and salt together in a medium bowl. Coat a 7- or 8-by-11-inch casserole dish with cooking spray. Spoon 1/2 cup of the tomato sauce into the bottom of the prepared dish. Arrange 1/3 of the tortilla wedges over the tomato sauce. Top with half of the beans, half of the chicken and half of the pepper mixture. Top with 1 cup sauce and 1/2 cup cheese.

Layer on half the remaining tortillas. Top with the remaining beans, chicken and pepper mixture. Top with 1 cup of the sauce and 1/2 cup cheese. Layer on the remaining tortillas, followed by the remaining sauce (about 1/3 cup). Sprinkle with the remaining 1/2 cup cheese. Cover with foil and refrigerate until ready to cook, up to 3 days.

Preheat oven to 375 degrees F. Bake the casserole, uncovered, until hot and bubbling, 35 to 40 minutes. (Alternatively, microwave the casserole, covered with wax paper, on Medium-High until steaming hot, 12 to 15 minutes.) Serve hot.





WHERE IS CLAUDETTE? Claudette Priscilla June Osborne-Tyo

a 21-year-old mother of four vanished from Selkirk Ave and King Street in Winnipeg on July 25, 2008.

*** \$20,000 REWARD ***
Police Missing Persons Unit
at (204) 986-6250
Crimestoppers at
(204) 786-8477



EMERGENCY CONSULTING

https://napierconsulting.ca

