

DIRECTIONS:
Find and circle the vocabulary words in the grid. Look for them in all directions including backwards and diagonally.



Ice Cream Word Search



- | | | | |
|-----------|-----------|----------|---------------|
| BANANA | CUP | PARFAIT | STRAW |
| BIRTHDAY | FLOAT | SCOOP | SUNDAE |
| BOOTH | FREEZER | SHAKE | SYRUP |
| CAKE | HOT FUDGE | SMOOTHIE | TOPPING |
| CHERRY | MALT | SORBET | VANILLA |
| CHOCOLATE | NAPKIN | SPLIT | WHIPPED CREAM |
| CONE | NUTS | SPOON | |



A Night 11 Years in the Making: The Guess Who in Winnipeg
On June 5, thousands of fans packed into Canada Life Centre to witness something far bigger than a concert. For many, it was a celebration of one of Canada's most legendary bands. For others, it was a walk down memory lane. And for some, it was the fulfillment of a dream more than a decade in the

The Guess Who, the iconic Winnipeg-born band whose music helped define a generation, returned home to perform many of the songs that have become part of Canada's musical DNA. Classics like American Woman, These Eyes, No Time, Laughing, Undun, and No Sugar Tonight echoed through the arena as fans of all ages sang every word.

What made the evening especially powerful was the connection between the band and the city where it all began. Winnipeg isn't just another stop on the tour. It is the birthplace of one of the most successful rock bands Canada has ever produced. For many Manitobans, The Guess Who's music isn't simply entertainment. Their songs have become the soundtrack to road trips, weddings, family gatherings, summer nights, and countless memories stretching across generations.

The evening also served as a reminder of Winnipeg's remarkable place in Canadian music history. Few cities can claim to have produced artists whose songs continue to resonate around the world more than half a century later. As the lights dimmed and the final notes faded, one thing was clear: great music doesn't age.

Eleven years after many fans last hoped to see them perform, The Guess Who proved once again why their music has endured for decades. Their songs remain timeless, their legacy remains secure, and for one unforgettable night in Winnipeg, the city that gave them their start welcomed them home. Sometimes a concert is just a concert. Sometimes it's history and June 5 was one of those nights.

Want to help get The Guess Who into The Rock & Roll Hall of Fame? Sign the petition! <https://www.change.org/p/the-rock-and-roll-hall-of-fame-guesswho4thehall>

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Why did the rooster join a band?
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♈ ARIES (March 21 - April 19) Your patience may be tested this week by technology, traffic, or people. Stay calm. The universe is merely checking your warranty.

♉ TAURUS (April 20 - May 20) A small act of kindness could have a bigger impact than you realize. Also, someone owes you either money, gratitude, or both. Don't be afraid to remind them.

♊ GEMINI (May 21 - June 20) Your curiosity leads you somewhere interesting this week. Follow the rabbit trail. Just don't get so distracted that you forget why you opened the fridge.

♋ CANCER (June 21 - July 22) You may find yourself reflecting on how far you've come. Give yourself credit. You've survived 100% of your awkward moments so far.

♌ LEO (July 23 - Aug 22) The spotlight is hovering nearby again. Whether it's work, family, or social media, people are paying attention. .

♍ VIRGO (Aug 23 - Sept 22) Something you've been trying to control may finally require you to let go. Annoying? Yes. Necessary? Also yes. Trust the process... reluctantly if needed.

♎ LIBRA (Sept 23 - Oct 22) A decision that seemed complicated suddenly becomes simple. Your challenge isn't finding the answer—it's accepting it.

♏ SCORPIO (Oct 23 - Nov 21) Your instincts are sharp this week. If someone seems too good to be true, investigate.

♐ SAGITTARIUS (Nov 22 - Dec 21) Say yes to something different this week. The best stories often begin with, "Well, this wasn't the plan."

♑ CAPRICORN (Dec 22 - Jan 19) Hard work is paying off, even if the results aren't fully visible yet. Keep going. Great things are often built one stubborn step at a time.

♒ AQUARIUS (Jan 20 - Feb 18) A creative spark arrives when you least expect it. Write it down immediately. Trust me, "I'll remember it later" is one of history's greatest lies.

♓ PISCES (Feb 19 - March 20) Your emotional radar is picking up everything around you. Protect your energy and avoid taking responsibility for problems that aren't yours to solve.



Finding Joy in Meaningless Tasks - Spending an afternoon working on the car, gardening, or even cleaning the house can be fun when we have an interest in the project. Yet, we can also find joy in the chores and tasks we don't especially like. All we need is a change of attitude, a different approach, a little music, or some help from friends, and the tasks or responsibilities that we perceive as tedious can become a source of pleasure.

Most of us tend to put off what we don't want to do. One of the best approaches to an unpleasant task or dull chore is to dive right in and be fully mindful of what it is that you are doing.

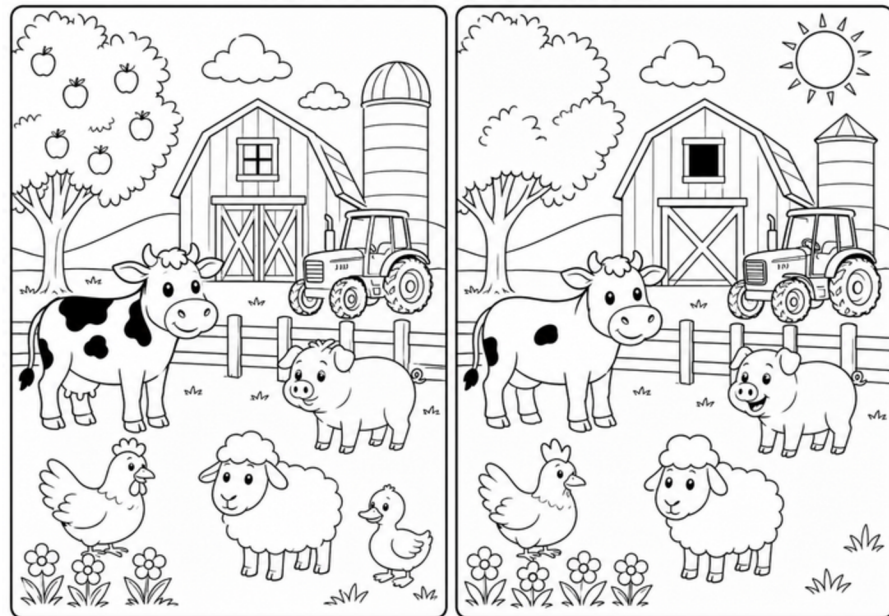
You may not perceive washing the kitchen floor as enjoyable, but it can be if you view it as a loving act for both yourself and your family. You can lose yourself in paying your bills, and thank the universe for the services you are fortunate enough to receive. Mending can become a treasure hunt to find the right button and matching thread. Each morning, you can challenge yourself to see how neatly you can make your bed, taking pride in your results.

Playing your favorite music, dancing while you work, or creating a mental list of everything you are grateful for are just a few ways to turn an unexciting activity into a fun event. Ask a friend to help you clean out the basement or paint a room; provide some yummy snacks as an incentive. Look for joy in doing your mundane activities, and they'll become a source of enjoyment rather than a tolerable duty.



SPOT THE DIFFERENCE!

CAN YOU FIND 10 DIFFERENCES?



🍓 Summer Berry Lemonade Slush

The perfect recipe for those hot June Manitoba days!

Ingredients:

- 4 cups frozen mixed berries (strawberries, raspberries, blueberries)
- 1 cup lemonade (store-bought or homemade)
- 1 cup ice cubes
- 1 tablespoon honey or sugar (optional)
- Fresh mint leaves for garnish

Directions:

- Add frozen berries, lemonade, ice, and honey to a blender.
- Blend until smooth and slushy. Pour into chilled glasses.
- Garnish with fresh mint and a few berries. Makes: 4 servings



RUBY
REAL TALK

Dear Ruby,
One of my closest friends is openly homophobic.

I'm not gay, but I have friends and family members who are part of the LGBTQ+ community, and some of the things this person says make me uncomfortable. We've been friends for years, and I don't know what to do.

Do I end the friendship? Ignore it?
~Signed, Caught in the Middle

Dear Caught, Friendship isn't a lifetime contract. Like every relationship, sometimes you discover that the person sitting across from you isn't quite who you thought they were.

People are allowed to have different opinions about politics, taxes and whether pineapple belongs on pizza. Human beings' right to exist safely and openly isn't in the same category.

You don't have to scream, fight, or dramatically storm out of someone's life. Sometimes the most powerful thing you can do is calmly say; 'I don't agree with that.' "That's not something I can support."

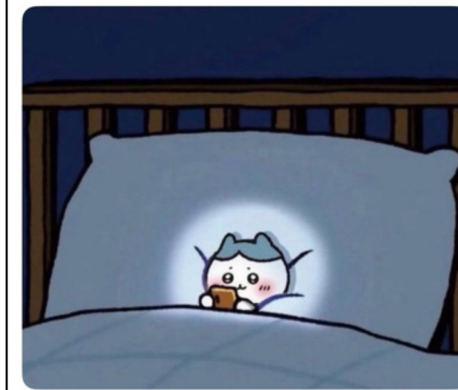
What happens next tells you a lot. Some people grow when challenged. Some people listen. Some people realize they've been speaking from ignorance.

And some double down. If your friend repeatedly chooses prejudice over compassion, you may find yourself asking a different question: Not "How do I keep this friendship?" But "Why am I working so hard to keep it?" You can't control another person's beliefs. You can control what you tolerate and who gets a seat at your table.

A friend doesn't have to agree with you on everything but kindness should never be considered a radical position. ❤️ Ruby



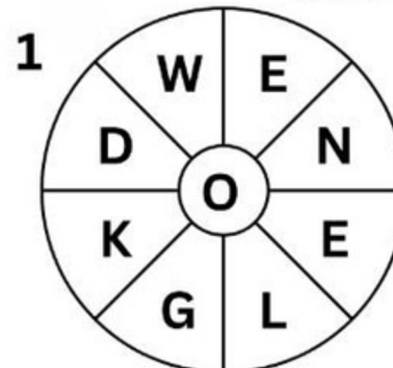
The most fun moment in working life



No act of kindness, no matter how small, is ever wasted. — Aesop

WORD WHEEL PUZZLES

How many words can you make using these letters? All words must include the letter in the center circle.



The nine letter word is:

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The nine letter word is:

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