



Autumn

WORD LIST

- ACORN
- AUTUMN
- BONFIRE
- BRISK
- CIDER
- CORN
- CRISP
- EQUINOX
- FALL
- FESTIVAL
- FOLIAGE
- FOOTBALL
- GOURD
- HALLOWEEN
- HARVEST
- HAYSTACK
- JACKET
- LEAVES
- NOVEMBER
- OCTOBER
- PINE CONE
- PUMPKIN
- SCHOOL
- SEPTEMBER
- SQUASH
- SWEATER
- THANKSGIVING
- TREES



I C K K S W E A T E R T D
X W D P S I R C Q F H N C
R E G A I L O F Y I C C P
O H A Y S T A C K C U I R
O S P E A S K P D W D E P
V C G I Y S T I W Z B B C
T H T N N R B F Y M O N P
H O Z O E E S Y E V X R W
A O I E B E C T V H Z O O
N L S J V E P O K Z X C G
K V Q A W E R I N F H B K
S L E K S D Y G P E A P S
G L E R I F N O B H L F M
I A T E K C A J H N L N A
V F G O U R D K Y O O C F
I L A V I T S E F V W J T
N D S Q U A S H V E E K S
G R J G P D Z Z I M E V E
A I E X Z U A K X B N D V
W T Q D Q F M N E E V K R
N K B A I F K P M R X W A
R Z D D Q C J S K U A U H
O X X D K H K A I I T G I
C F O O T B A L L R N U M
A K L X O N I U Q E B L A

The

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BREAKING BAD' STAR RJ MITTE DIES AT 34

Actor RJ Mitte, best known for his portrayal of Walter "Flynn" White Jr. in the critically acclaimed television series Breaking Bad, has died at the age of 34.

Mitte passed away on October 12, 2026. Born with cerebral palsy, Mitte brought authenticity and heart to his Breaking Bad character, who also lived with the condition. Appearing throughout the series alongside Bryan Cranston and Anna Gunn, he became a memorable part of one of television's most celebrated dramas.

Beyond acting, Mitte devoted much of his life to challenging stereotypes and advocating for greater opportunities for people with disabilities. He served as an ambassador for United Cerebral Palsy and supported numerous charitable initiatives. His contributions to television and disability advocacy will not be forgotten.

If you or someone you know is struggling with mental health, emotional distress, alcohol or drug use concerns, or just need someone to talk to, you can reach out to the 988 Suicide & Crisis Lifeline by calling or texting 988.

"Don't watch the clock; do what it does. Keep going." — Sam Levenson

Exciting News!
WE'RE THRILLED TO ANNOUNCE THAT
THE GIRL WHO MET SASQUATCH
by **JOHN WARMS**
MANITOBA AUTHOR
HAS BEEN RECOGNIZED BY THE
LITERARY GLOBAL CHILDREN'S BOOK AWARD!
AVAILABLE NOW ON **amazon**
<https://www.amazon.ca/Girl-Who-Met-Sasquatch/dp/B0FFHP1V7G>

Moosehorn BINGO
THURSDAY, OCTOBER 15
JACKPOT IS \$1800
IN 52 #'S OR LESS!
7 PM



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PROUDLY MANITOBAN



♈ ARIES (Mar. 21 – Apr. 19) – Choose your battles wisely. A pleasant surprise could turn your whole week around.

♉ TAURUS (Apr. 20 – May 20) – Something you've been putting off deserves your attention. Once you tackle it, you'll wonder why you waited so long.

♊ GEMINI (May 21 – June 20) – Your gift of gab could open an unexpected door this week. The weekend brings a welcome change of pace.

♋ CANCER (June 21 – July 22) – Home and family take centre stage. You may find yourself playing peacemaker, but remember that not every problem is yours to solve.

♌ LEO (July 23 – Aug. 22) – Don't let someone else's negativity dampen your enthusiasm. Trust your instincts when an interesting opportunity presents itself.

♍ VIRGO (Aug. 23 – Sept. 22) – Resist the temptation to take on everyone else's responsibilities. A small act of kindness may come back to you unexpectedly.

♎ LIBRA (Sept. 23 – Oct. 22) – It's your season, and the spotlight is yours! A fresh perspective helps you make a decision you've been wrestling with.

♏ SCORPIO (Oct. 23 – Nov. 21) – An unexpected invitation could make your weekend especially interesting.

♐ SAGITTARIUS (Nov. 22 – Dec. 21) – Your spirit is restless! Even a short outing or spontaneous plan can lift your mood.

♑ CAPRICORN (Dec. 22 – Jan. 19) – Don't underestimate how far you've come. A conversation about the future could spark an exciting idea.

♒ AQUARIUS (Jan. 20 – Feb. 18) – Don't be afraid to suggest something unconventional. A friendship may need a little attention.

♓ PISCES (Feb. 19 – Mar. 20) – A thoughtful gesture from someone could brighten your day.



Get Back to What You Love - There are times in life when we're committed to pursuing our passions. Every molecule in our body is focused on doing what we love. At other times, necessity and responsibility dictate that we put our dreams aside and do what needs to be done. It's during these moments that we may choose to forget what it is we love to do. There are many other reasons we might leave our passions behind. A hobby may lose its appeal once we've realized it will never turn into our dream job. Someone important to us may keep telling us that our passions are childish and unsuitable – until we finally believe them.

Forgetting about what you love to do can be a form of self-sabotage. If you stop pursuing your dreams, then you never have to risk failure – but just because you've decided to ignore your passions doesn't mean they no longer exist. Nothing can fill the emptiness that remains in a space vacated by a passion that you've tossed aside.

Besides, life is too short to stop doing what you love, and it's never too late to rediscover your favorite things. If you gave up playing an instrument, painting, drawing, spending time in nature, or any other activity or interest that you once loved to do, now may be the time to take it up again. If you don't remember what it is you were passionate about, you may want to think about the activities or interests you used to love or the dreams you always wished you could pursue.

You don't have to ignore your responsibilities or neglect your commitments to follow your passions. When you make an effort to incorporate your interests into your life, the fire within you ignites. You'll feel excited, inspired, and fed by the flames that are sparked by a life in which you're doing what you love.

SUDOKU

3	1	2		6	4		9	
6	4					1	3	2
	7	8	2		1		6	5
	3		9		8			1
		1		5		8	7	9
7	8	9		4	2	3	5	
		4	7			5	1	
		3		2		9		7
8			3		5	6		4

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MOVIE REVIEW - PRACTICAL MAGIC 2 (2026)
Some magic never fades. It just gets better with age. Nearly three decades after Practical Magic first enchanted audiences in 1998, Sandra Bullock and Nicole Kidman have returned as the Owens sisters, and what a wonderful reunion it is!

Practical Magic 2 brings us back into a world of witches, family secrets, ancient curses, and the kind of sisterly bond that even the darkest magic cannot destroy.

This time, the Owens women must confront a dangerous family curse while a new generation begins discovering its own magical powers. Joey King and Maisie Williams join the cast as Sally's daughters, adding fresh energy to a story deeply rooted in family, love, and the complicated business of being a woman.

And yes, the beloved aunts are back! Stockard Channing and Dianne Wiest return as Franny and Jet, bringing that wonderfully eccentric charm that helped make the original film so unforgettable.

It's the sort of enchanting escape that makes you want to curl up with a blanket, a cup of tea, and perhaps a little midnight margarita!

Not every movie needs to reinvent the wheel. Sometimes we just want to return to a place that once made us happy, spend another couple of hours with characters we love, and believe, even briefly, that a little magic might actually exist.

Practical Magic 2 is a delightful, nostalgic return to the Owens family. It's warm, whimsical, emotional, and filled with the kind of magic that made the original a cult favourite.

If you loved the first movie, this sequel deserves a spot on your must-watch list. After all, there's a little witch in all of us!

THE VERDICT: 5 OUT OF 5 BUCKETS!



HOW MANY WORDS
CAN YOU MAKE?

N **D**

3	1	2	5	6	4	7	9	8
6	4	5	8	9	7	1	3	2
9	7	8	2	3	1	4	6	5
5	3	6	9	7	8	2	4	1
4	2	1	6	5	3	8	7	9
7	8	9	1	4	2	3	5	6
2	6	4	7	8	9	5	1	3
1	5	3	4	2	6	9	8	7
8	9	7	3	1	5	6	2	4

What you aren't going to
do is let miserable people
who really don't like
themselves push that
energy onto you.



The Art of Minding Your Own Business

You know what I've noticed? Somewhere along the way, people started believing they were entitled to an opinion on absolutely everything.

What someone wears, how they raise their kids, what they drive, who they date, and even how they spend their own hard-earned money.

And heaven forbid someone makes a decision differently than you would! Here's a little secret. Not everything requires your approval. Shocking, I know.

We've become so comfortable commenting on other people's lives that we've forgotten something important. We rarely know the whole story.

That person driving an old, beat-up car might be putting every spare dollar toward their child's education. The neighbour whose yard isn't perfect might be struggling just to get through the day. And the person who doesn't show up to every family gathering might have reasons you'll never understand.

It's easy to judge when you're looking through your own window. But here's the thing. Everybody is fighting a battle, building a life, or carrying a burden we know absolutely nothing about.

Imagine how much nicer the world would be if we spent less time criticizing other people's choices and more time making sure our own actions were something to be proud of.

You don't have to agree with everybody. You don't even have to like everybody. But you can still treat people with respect.

And if someone's life isn't hurting you, costing you money, or asking for your advice, perhaps the best thing you can do is leave them alone to live it.

Because at the end of the day, the only life you're responsible for getting right is your own.

Until next time, **Ruby**

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