

Spring Gardening

Y D A F S H Y M W T H G I L N U S V M N
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 Q S S O F D M L P M D L O G I R A M J O

Word list:

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|------------|------------|------------|------------|
| ANNUALS | GARDENING | PERENNIALS | SUNLIGHT |
| BLOOM | GREENHOUSE | PETUNIA | TRANSPLANT |
| BLOSSOM | HOE | PLANTING | TROWEL |
| COMPOST | LILY | PRUNING | TULIP |
| DAFFODIL | MARIGOLD | SEEDS | WATERING |
| DAISY | MULCH | SOIL | WEEDING |
| FERTILIZER | PANSY | SPROUT | ZINNIA |



She packed my bags last night pre-flight, zero hour nine a.m.

What kind of music do bubbles hate?
Pop!

I'm reading a book on anti-gravity. It's impossible to put down.

April 14, 2026: National Gardening Day April 14 marks National Gardening Day, a perfect reminder to step outside, get your hands in the soil and start something new. Whether you're planting a full backyard garden, tending to flower beds or simply growing herbs on a windowsill, gardening offers more than just greenery, it brings a sense of calm, purpose and connection to the world around us.

As spring begins to take hold across Manitoba, this day encourages both seasoned gardeners and beginners to embrace the season and start fresh. Gardening doesn't require a lot of space or experience, just a willingness to begin. From planting seeds and visiting local greenhouses to cleaning up garden beds and planning for the months ahead, even small efforts can grow into something meaningful. In a fast-paced world, gardening reminds us to slow down, be patient and enjoy the process – one seed at a time.

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NUMBER OF CHARACTERS WHO SANG THE SONG "HEIGH HO" IN THE '37 DISNEY FILM

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COLDWELL COMMUNITY FOUNDATION
 2026 GRANT RECIPIENTS' ANNOUNCEMENT
 (\$52,000+ IN GRANTS WILL BE AWARDED)
 SATURDAY APRIL 11th 2:00pm
 LUNDAR LUTHERAN CHURCH HALL
 REFRESHMENTS & DAINTIES PROVIDED
 GRANTS ARE BEING AWARDED TO 11 CHARITABLE GROUPS
 COME AND SEE WHAT THEIR PLANS ARE FOR 2026!
 EVERYONE WELCOME!
 YOUR DONATIONS ARE WORKING HARD TOWARD
BUILDING A BETTER FUTURE!

What does a house wear for an evening out?
 Address!

MOOSEHORN HALL FRIDAY NIGHT BINGO
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MINI TOONIE \$2000+

Sea monsters have been known to eat this for dinner. Fish and ships.

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**IN ALPHABETICAL ORDER,
THE THREE SPOKESMEN
FOR RICE KRISPIES**



Aries (Mar 21-Apr 19)
You're done waiting. This week pushes you to act, just don't bulldoze everything in your path. Balance bold with smart.

Taurus (Apr 20-May 20)
Comfort calls... but so does growth. Step slightly outside your routine – something good is waiting there.

Gemini (May 21-Jun 20)
Conversations matter this week. Say what you mean (nicely) and clear up something that's been lingering.

Cancer (Jun 21-Jul 22)
Your energy is sensitive right now. Protect your peace and don't take on what isn't yours to carry.

Leo (Jul 23-Aug 22)
You're being noticed whether you like it or not. Show up as your best self and let things unfold.

Virgo (Aug 23-Sep 22)
Details matter, but don't overthink yourself into exhaustion. Done is better than perfect this week.

Libra (Sep 23-Oct 22)
Something needs balancing – time, energy, or emotions. Be honest about what's off and adjust.

Scorpio (Oct 23-Nov 21)
You're seeing things clearly now. Trust your instincts – they're sharper than usual.

Sagittarius (Nov 22-Dec 21)
Restless energy hits. Change your scenery, your mindset, or your plan – just don't stay stuck.

Capricorn (Dec 22-Jan 19)
Progress is happening, even if it feels slow. Stay steady, you're building something solid.

Aquarius (Jan 20-Feb 18)
A new idea or perspective shifts things. Stay open – this could lead somewhere interesting.

Pisces (Feb 19-Mar 20)
Your creative and emotional side is strong. Lean into it, it might bring clarity you didn't expect.



The Decisions we Make - Our lives are defined by the decisions we make each day. When we choose one option over another, whether we are selecting a restaurant or considering a cross-country move, we shape our lives. The decision-making process can be empowering, allowing us to enjoy the benefits of self-determination. Yet, it can also be a source of anxiety because decisions force us to face the possibility of dissatisfaction and inner conflict. As a result, many of us opt to avoid making decisions by allowing others to make them for us. We consequently turn our power over to spouses, relatives, friends, and colleagues, granting them the stewardship of our lives that is ours by right. Though the decisions we must make are often difficult, we grow more self-sufficient and secure each time we trust ourselves enough to choose.

Ultimately, only you can know how the options before you will impact your daily life and your long-term well-being. Within you lies the power to competently weigh the advantages and disadvantages of each selection. Even if you feel incapable of making a decision, your inner wisdom and your intuitive mind will give you sound counsel if you have faith in yourself.

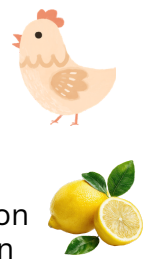
Try to come to your own conclusions before seeking the guidance of others, and even then, treat their suggestions as supplementary information rather than votes to be tallied. Before making your choice, release your fear of wrong decisions. Perceived mistakes can lead you down wonderful and unexpected paths that expose you to life-changing insights. If you can let go of the notion that certain choices are utterly right while others are entirely wrong, you will be less tempted to invite others to take the reins of your destiny.

When your choices are your own, you will be more likely to accept and be satisfied with the outcome of those choices. Your decisions will be a pure reflection of your desires, your creativity, your awareness, and your power. Since you understand that you must live with and take responsibility for your decisions, you will likely exercise great care when coming to conclusions. As you learn to make informed and autonomous choices, you will gain the freedom to consciously direct the flow of your life without interference.

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Spring Lemon Herb Chicken & Roasted Vegetables
Light, bright, and full of fresh flavour – this is the kind of meal that feels like spring on a plate.



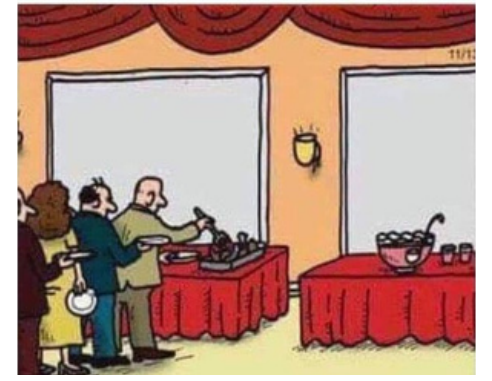
- Ingredients**
- 4 boneless, skinless chicken breasts
 - 2 cups baby potatoes (halved)
 - 2 cups carrots (chopped)
 - 1 cup green beans
 - 3 tbsp olive oil
 - 2 cloves garlic (minced)
 - Juice of 1 lemon
 - Zest of 1 lemon
 - 1 tsp dried oregano
 - 1 tsp dried thyme
 - Salt & pepper to taste

- Instructions**
1. Preheat oven to 400°F (200°C).
 2. In a large bowl, toss potatoes and carrots with 2 tbsp olive oil, garlic, salt, and pepper. Spread on a baking sheet. Roast for 20 minutes.
 3. Meanwhile, mix lemon juice, zest, remaining olive oil, oregano, thyme, salt, and pepper.
 4. Add chicken & green beans to the pan, drizzle with the lemon mixture.
 5. Return to oven and bake for another 20-25 minutes, until chicken is cooked through.

Tip - Swap in asparagus or broccoli depending on what's fresh.

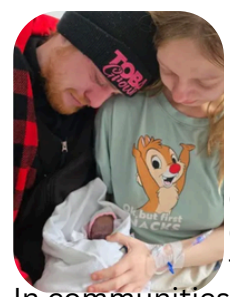
4	7	1	5	8	2	6	9	3
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9	3	8	1	6	7	4	2	5
3	8	6	4	5	9	1	7	2
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1	5	4	7	2	8	3	6	9
7	4	5	2	1	6	9	3	8
6	1	3	8	9	5	2	4	7
8	2	9	3	7	4	5	1	6

This would be funny except there's no punch line...



One day you and your siblings took down your fort, not realizing you'd never build another.

How was Rome split in two?
With a pair of Caesars.



On April 2, 2026, Jade and Cameron, of Manitoba's Interlake region, experienced the heartbreaking loss of their beloved baby girl, Elizabeth Dorothy Ann Fletcher.

Funds are being raised to help support them through this devastating time. Donations will go toward funeral expenses and help ease the financial strain as they take time from work to heal and be together as a family. In communities like ours, support matters deeply and coming together during times of loss can make an incredible difference.

Any contribution, no matter the amount, is so appreciated. Thank you for your kindness, compassion and support during this unimaginable loss. GoFundMe Link: www.gofundme.com/f/elizabeth-dorothy-ann-fletcher

Dear Ruby,
Is it just me or has "fun" become something I have to schedule like a dentist appt? I used to be spontaneous, and now I need a nap just thinking about doing something after 7 p.m. –Tired but Trying

Dear Trying, Welcome to the club where "fun" now requires a plan, snacks and a solid exit strategy.

Nothing is wrong with you. Life gets busy, responsibilities pile up, and suddenly fun starts feeling like something extra instead of something essential. But here's the truth: fun doesn't have to mean big nights out, packed schedules or exhausting yourself trying to "make memories." Fun can be small. Easy. Low effort.

A walk with music in your ears. A coffee you didn't rush through. Laughing way too hard at something silly.

We've been sold this idea that fun has to be loud and eventful, but real fun? It's the stuff that makes you feel like yourself again – even for a few minutes.

So no, you don't need to become your old spontaneous self overnight. Just start by giving yourself permission to enjoy something simple... without turning it into another task on your list.

If that "fun" happens by 9 p.m. with comfy clothes and snacks? That still counts. –Ruby

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