



the around town paper online

Advertising, Design & Marketing by Blue Raven

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email: thearoundtown2020@gmail.com

Vol. 02 No.21

"Every moment is a fresh beginning."

September 1, 2021

THE END

CREDITS

LIFEGUARD ALEX
CUTE BLONDE SARAH
NEW FRIEND KIRK



"DUDE, THAT WAS AN AWESOME SUMMER."

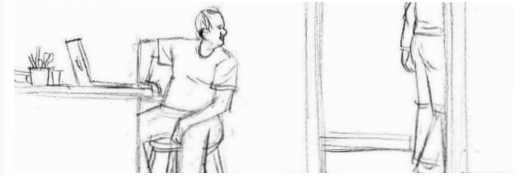
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Answer: T-H-A-T



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PUBLIC NOTICE PROPOSED XPLORNET 45M TELECOMMUNICATIONS FACILITY SELF SUPPORT INSTALLATION

PUBLIC NOTICE:

Proposed Telecommunication facility:

- 45m Self Support tower with 1m Lightning Rod
- Located within NW 14-24-10 WPM and to be accessed from Provincial Trunk Hwy 68, then Northeast onto an existing approach into the parking lot to site location.
- The facility will be fenced and will include a locked shelter located at the base of the tower as well as installation of Anti-Climb installed on the tower.
- The site will provide faster and reliable high speed internet and phone services in the general area within The Narrows, Manitoba.

Further information may also be obtained through the following contact:

Xplornet Communications Inc. ("Xplornet") c/o Vertex Professional Services Ltd.,

4240 Blackfoot Trail SE

Calgary, Alberta T2G 4E6

Phone: 403-229-3969

Fax: 403-244-1202

Toll Free: 1-844-7VERTEX (783-7839)

Email: telcocommentsab@vertex.ca

Innovation, Science and Economic Development

Manitoba District Office, 400 St. Mary Avenue, 4th floor, Winnipeg Manitoba R3C 4K5

Phone: 204-984-4287

Toll Free: 1-800-665-3421

Fax: 204-984-6045

Email: ic.spectrumwinnipegwinnipegspectre.ic@canada.ca

Rural Municipality of West Interlake

Ashern Office, Box 370, Ashern, Manitoba R0C 0E0

Phone: 204-768-2641

Fax: 204-768-2301

Email: info@rmofwestinterlake.com

With respect to this matter,
the public is invited to provide
written comments by
October 1, 2021 to the
contact information shown
below. Please include a
return address or
contact information.

SITE LOCATION MAP



DEADLINE for advertising: every Friday BY 12:00 NOON

Unicorn Word Search

ANIMAL
BEAST
BEAUTIFUL
COLORS
DIAMOND
FAIRY
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GALLOP
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IMAGINE
LEGEND
MAGICAL
MANE
MYSTICAL
MYTH
PERFECT
PRETTY
RAINBOW
RIDE
RUN
SPARKLE
TAIL
WILD
WOODS

P	A	S	S	H	K	F	L	A	C	I	G	A	M	D
M	Y	T	H	U	V	K	L	Y	L	M	V	G	L	N
R	D	N	O	M	A	I	D	S	S	H	S	H	Z	E
F	A	I	R	Y	N	V	E	M	D	A	E	Y	D	G
I	M	A	G	I	N	E	Y	Y	W	O	T	C	B	E
L	E	D	I	R	F	S	T	O	P	N	O	N	M	L
A	D	F	R	C	T	T	B	E	I	L	E	W	A	E
M	L	J	N	I	E	N	R	J	O	V	N	N	A	F
I	I	V	C	R	I	F	X	R	K	T	I	R	A	R
N	W	A	P	A	E	L	S	B	E	A	S	T	O	M
A	L	Y	R	C	B	E	A	U	T	I	F	U	L	H
L	I	A	T	L	R	U	N	P	O	L	L	A	G	L
P	E	S	P	A	R	K	L	E	V	G	A	Y	Y	N

The words appear UP, DOWN, BACKWARDS, and DIAGONALLY.





Uncovering Happiness

If you aren't a naturally happy person, take time each day to cultivate that which brings you happiness.

It can be so easy to get caught up in the rigors of modern life that we tend to forget that happiness need not come with stipulations. Happiness becomes something we must schedule and strive for -- a hard-won emotion -- and then only when we have no worries to occupy our thoughts. In reality, overwhelming joy is not the exclusive province of those with unlimited time and no troubles to speak of. Many of the happiest people on earth are also those coping with the most serious challenges. They have learned to make time for those simple yet superb pleasures that can be enjoyed quickly and easily. Cultivating a happy heart takes no more than five minutes. The resultant delight will be neither complex nor complicated, but it will be profound and will serve as a reminder that there is always a reason to smile.

So much that is ecstasy-inducing can be accomplished in five minutes. Alone, we can enjoy an aromatic cup of our favorite tea, take a stroll through the garden we have created, write about the day's events in a journal, doodle while daydreaming, or breathe deeply while we listen to the silence around us. In the company of a good friend or treasured relative, we can share a few silly jokes, enjoy a waltz around the room, play a fast-paced hand of cards, or reconnect through lighthearted conversation. The key is to first identify what makes us dizzyingly happy. If we do only what we believe should bring us contentment, our five minutes will not be particularly satisfying. When we allow ourselves the freedom to do whatever brings us pleasure, five minutes out of 14 wakeful hours can brighten our lives immeasurably.

It is often when we have the least free time or energy to devote to joy, that we need to unwind and enjoy ourselves the most. Making happiness a priority will help you find five minutes every day to indulge in the things that inspire elation within you. Eventually, your happiness breaks will become an established part of your routine. If you start by pursuing activities you already enjoy and then gradually think up new and different ways to fill your daily five minutes of happiness, you will never be without something to smile about.

May the end of summer
be less excruciating for
you than it is for
teachers.



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