



# The Around Town Paper



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Serving the communities, businesses and people in our province of Manitoba.

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January 28, 2026



**Registered charities and not-for-profit groups:** the deadline for grant applications to Coldwell Lundar Community Foundation is 4:30pm, February 28th, 2026.

Applications are available on the website at [www.clcf.ca](http://www.clcf.ca), are auto-fillable and can be e-mailed to [clcfnd@gmail.com](mailto:clcfnd@gmail.com).

Printed copies are also available for pick-up and drop off at the Pauline Johnson Library in Lundar. Any questions or if you need help with filling out the application, please e-mail the above or call 204-762-5727.

**What begins with T,  
ends with T, and  
has T in it?**

Answer: a teapot



THE REASON CANADIANS ARE  
SO NICE IS EASILY EXPLAINED.  
ONCE A YEAR, ON THE SIXTH  
FULL MOON, ALL  
CANADIANS GATHER TOGETHER  
BENEATH THE STARS TO PERFORM  
A RITUAL THAT SUCKS OUT ALL  
OF THEIR MEANNESS AND CRUELTY  
AND PLACES IT INTO  
CANADA GEESE.

*i think there are past versions of me  
that get together for coffee.  
they talk about who i used to be  
and how i overcame  
all that was thrown at me.  
they don't gossip,  
talk badly,  
or bring up all of my mistakes.  
they meet for coffee  
and cheer me on every single day.*  
- jennae cecelia

**If you play guitar and want to know the  
secret to making it sound better,  
Please stay tuned...**



**I'm always in front of  
you, but you'll never  
see me. What am I?**

Answer: tomorrow

**MOOSEHORN HALL FRIDAY NIGHT BINGO**  
**JANUARY 30 - 7 PM**  
**JACKPOT**  
**\$2000 IN 53#'S**  
**MINI TOONIE \$1200+**

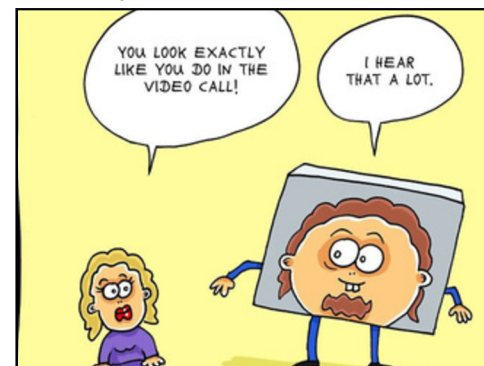
CFNU CANADIAN FEDERATION OF NURSES UNIONS National Nurses United

**CFNU statement on the  
killing of Minnesota Nurse  
Alex Pretti**

Nurses across Canada will be joining our colleagues at the National Nurses United in the U.S. for a candlelight vigil in spirit, virtually, or by simply lighting a candle in our homes.

Wednesday, January 28th | 7:30pm

One thing about January is that it's going to make sure you feel all 31 of the days.



Do not lose hope.  
Please believe that there  
are a thousand beautiful  
things waiting for you.  
Sunshine comes to all  
who feel rain.

-R. M. Drake

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Deadline for ads is Fridays at 12 noon. Visit: [www.blueravendesign.ca](http://www.blueravendesign.ca)





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**RIDDLE TIME!**

The more you take, the more you leave behind.

What am I?

Answer: Footsteps.



## EASY CHICKEN FAJITAS 🍌 SERVES: 4

### Ingredients

- 2 boneless, skinless chicken breasts, sliced thin
- 1 red bell pepper, sliced
- 1 green bell pepper, sliced
- 1 yellow or orange bell pepper, sliced
- 1 large onion, sliced
- 2 tbsp olive oil
- 2 tsp chili powder
- 1 tsp ground cumin
- 1 tsp paprika
- ½ tsp garlic powder
- ½ tsp onion powder
- Salt & pepper, to taste
- Juice of ½ lime
- Flour or corn tortillas
- *Optional toppings:* sour cream, guacamole, salsa, cheese



### Instructions

Toss chicken with 1 tbsp olive oil, chili powder, cumin, paprika, garlic powder, onion powder, salt, and pepper.

Heat a large skillet over medium-high. Cook chicken 5–7 minutes until browned and cooked through. Remove and set aside.

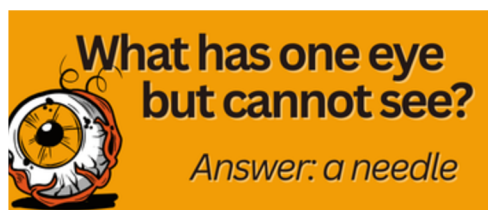
Add remaining olive oil to the same pan. Sauté peppers and onion 4–6 minutes until tender with a little char.

Return chicken to the pan, squeeze lime juice over everything, toss, and cook 1–2 minutes more.

Warm tortillas and fill with the fajita mix. Add toppings.

### Quick tips

- Juicier chicken: Slice against the grain.
- Extra sizzle: Finish under the broiler for 1–2 minutes.
- Spice boost: Add a pinch of cayenne or chipotle powder.



**Dear Ruby,**  
Some weeks feel loud.  
This one feels close.  
The chaos unfolding in  
the United States  
doesn't feel like  
something happening  
down there anymore. When you can get  
in your car and be in Minneapolis in a  
few hours, the headlines stop being  
abstract. They start to feel like they're  
breathing down your neck.

We feel it here — the tension, the fear,  
the unease that settles in your chest  
when systems look unstable and people  
seem disposable.

What scares me most isn't just what's  
happening, but how quickly it's being  
normalized.

How suffering gets labeled 'politics.'  
How outrage gets replaced with shrugs.  
How empathy is treated like a weakness  
instead of a warning signal.

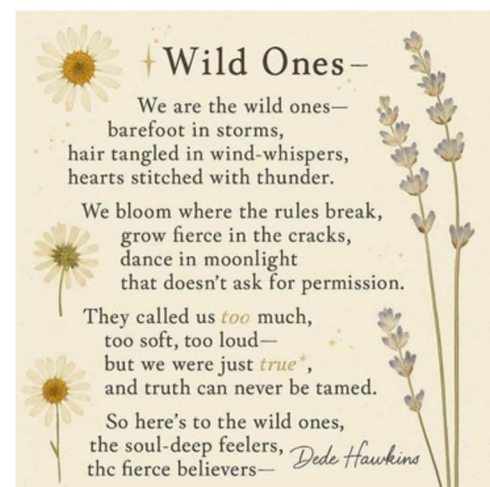
Fear has a way of spreading quietly. It  
shows up as anger, as exhaustion, as  
the urge to look away just to protect  
your sanity. But pretending it isn't  
happening doesn't make us safer — it  
just makes us smaller.

So here's the real talk: it's okay to be  
scared. It's okay to admit this feels  
heavy. But don't let fear turn you numb.

Stay human. Care loudly. Protect your  
people. And remember that proximity -  
physical or emotional - comes with  
responsibility.

When the world feels unstable,  
kindness isn't naïve. It's resistance.  
And right now, resistance looks a lot  
like refusing to stop caring. — **Ruby** 💋

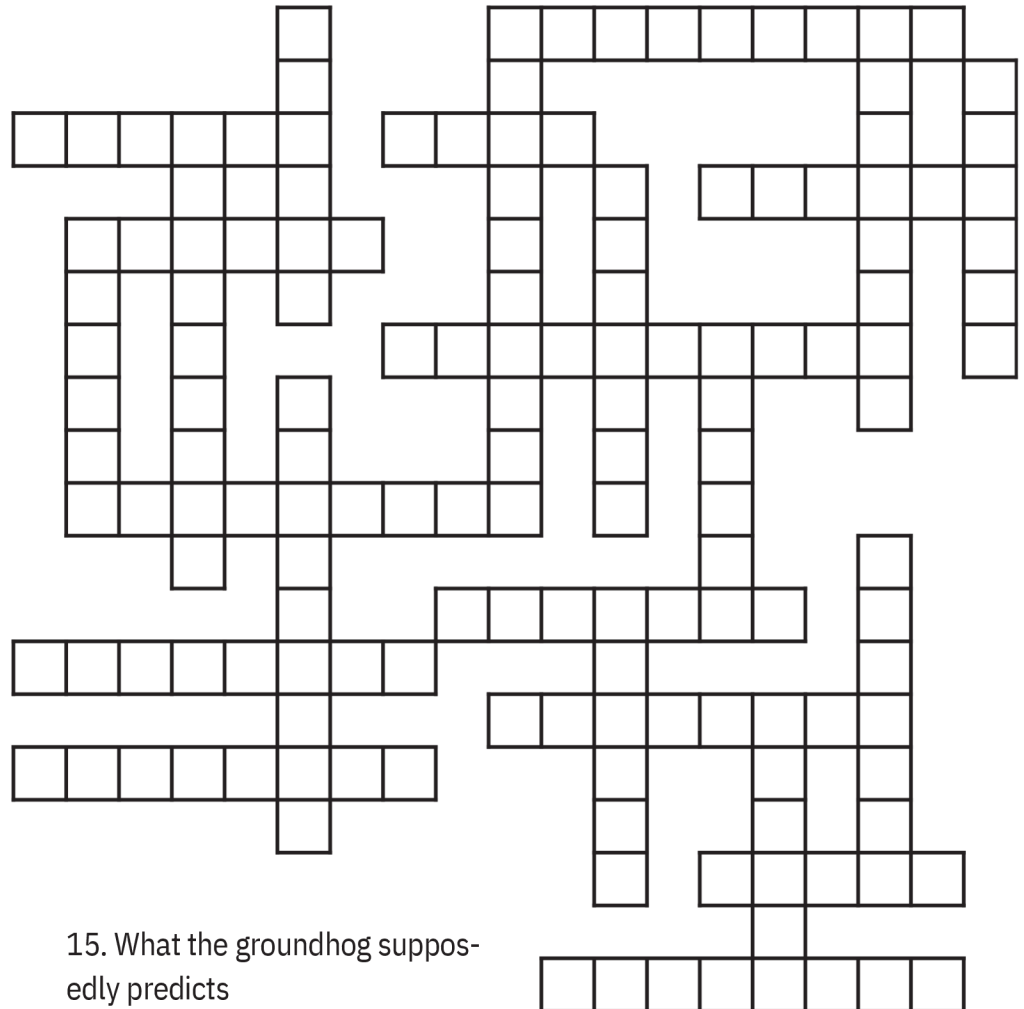
Have you got something to ask Ruby?  
**Email:** [writerubyrealtalk@gmail.com](mailto:writerubyrealtalk@gmail.com)  
**\*\*All names changed for posting in  
The Around Town Paper\*\***



# Groundhog Day

## ACROSS

2. Groundhog's other name
5. Season when Groundhog Day occurs
7. Famous forecasting groundhog's first name
9. Animal group that groundhogs belong to
10. What the groundhog might or might not see
11. Groundhog's weather guess
14. Star on February 2nd
16. Long-term weather patterns groundhogs don't predict
18. Length of extra winter if shadow is seen
19. Weather outlook the groundhog provides
21. Month of Groundhog Day
22. Describing the groundhog's coat
23. Type of story Groundhog Day comes from



15. What the groundhog supposedly predicts
17. Scientific family groundhogs belong to
20. Happening once a year, like Groundhog Day

## DOWN

1. Groundhog's underground home
2. Nickname for groundhogs
3. Formal Groundhog Day event
4. Repeated Groundhog Day custom
6. Long-standing practice
8. Special day to celebrate the groundhog
10. Season that might come early without a shadow
12. Fancy headwear worn by some Groundhog Day officials
13. Christian festival on same day as Groundhog Day



Annual	Prediction
Burrow	Ritual
Candlemas	Rodent
Ceremony	Shadow
Climate	Six weeks
February	Spring
Folklore	Top hat
Forecast	Tradition
Furry	Weather
Groundhog	Whistle-pig
Holiday	Winter
Marmot	Woodchuck
Phil	