# the around town paper online

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Vol. 02 No.25 "Every Child Matters."

Phyllis Webstad, founder of the Orange Shirt Society thanks the global community for taking part in the September 30th Orange Shirt Day and educating others as to the effects of Residential Schools on the First



Nations of Canada

If you are planning an event for Orange Shirt Day, please make use of this video. It is intended to be freely available to all. Orange Shirt Day website www.orangeshirtday.org



September 29, 2021



# GOMER DAVID PLANTZ December 22, 1934 - September 24, 2021

With his loving wife Dorothy and his family by his side, Gomer David Plantz, aged 86 years of Camper, MB, left on his glorious journey into the arms of his LORD and Saviour JESUS Christ.

A Memorial Graveside Service will be held at 10:00 am on Saturday, October 2, 2021 in the Ashern Gospel Chapel Cemetery located west on Hwy #325 near Hwy #514.

Please bring a chair for comfort.





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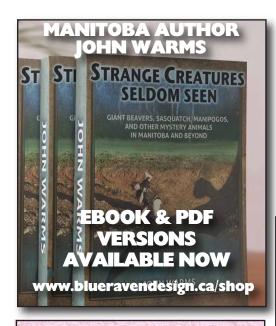
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TEXT AND WHATSAPP

204-471-5818



If you tell the truth you don't have to remember anything.

- Mark Twain



Alcoholics Anonymous Contact #'s

Lundar: (204) 739-8093 Eriksdale: (204) 739-6454 Toll Free #: 1-(877) 942-0126 Central office: (204) 943-6051

The Ashern
District
Veterinary
Clinic



is hiring a

## Veterinary Assistant

Please send your resume with experience, skills and qualifications to

ashernvet@gmail.com

You can phone our office at 204-768-9609

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#### RIDDLE TIME!

You have a fox, a chicken and a sack of grain. You must cross a river with only one of them at a time. If you leave the fox with the chicken he will eat it; if you leave the chicken with the grain he will eat it. How can you get all three across safely?

**KINT:** Need a little help? The farmer can't leave the chicken alone with anything—it will eat the corn or be eaten by the fox. How does the farmer get all three items across the river without ever leaving the chicken alone with the fox or the bag of corn?











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# Gardening





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CLIPPERS
COMPOST
FLOWERS
GARDEN HOSE
GLOVES
HERBS
HOE
PLANTING

RAKE SEEDS SHEARS SHOVEL SNAILS SNIPS SOIL SPADE SUNSHINE
TILLER
TROWEL
VEGETABLES
WATER
WATERING CAN
WEEDS
WHEELBARROW



Big Steps On Life's Path
There is freedom that comes with awareness, because with it comes the opportunity to make a choice.

Life is a journey comprised of many steps on our personal path that takes us down a winding road of constant evolution. And each day, we are provided with a myriad of opportunities that can allow us to transform into our next best selves. One moment we are presented with an opportunity to react differently when yet another someone in our life rubs us the wrong way; on another day we may find ourselves wanting to walk away from a particular circumstance but are not sure if we can. Eventually, we may find ourselves stuck in a rut that we can never seem to get out of. We may even make the same choices over and over again because we don't know how to choose otherwise. Rather than moving us forward, our personal

paths may take us in a seemingly never-ending circle where our actions and choices lead us nowhere but to where we've already been. It is during these moments that awareness can be the first step to change.

Awareness is when we are able to realize what we are doing. We observe ourselves, noticing our reactions, actions, and choices as if we were a detached viewer. Awareness is the first step to change because we can't make a change unless we are aware that one needs to be made in the first place. We can then begin understanding why we are doing what we are doing. Afterward, it becomes difficult not to change because we are no longer asleep to the truth behind our behaviors. We also begin to realize that, just as much as we are the root source behind the causes for our behaviors, we are also the originator for any changes that we want to happen.

There is a freedom that comes with awareness. Rather than thinking that we are stuck in a repetitive cycle where there is no escape, we begin to see that we very much play a hand in creating our lives. Whether we are aware of them or not, our behaviors and choices are always ours to make. Our past and our present no longer have to dictate our future when we choose to be aware. We are then free to move beyond our old limits, make new choices, and take new actions. With awareness, our paths can't help but wind us forward in our lives while paving the way for new experiences and new ways of being. It is through awareness that we can continue to consciously evolve.

One day the people that don't even

believe in you will tell everyone how they met you. Johnny Depp

RIDDLE TIME ANSWER: Take the chicken over first. Go back and bring the grain next, but instead of leaving the chicken with the grain, come back with the chicken. Leave the chicken on the first side and take the fox with you. Leave it on the other side with the grain. Finally, go back over and get the chicken and bring it over.

## **RV BOARDING KENNEL** (204)-739-3445





#### Ashern Meal Program is looking to hire a

**Meal Coordinator** 

Monday - Friday 7 am - 1:30 pm to start ASAP.

Competitive wages; benefits available after probation period.

Please send resumes to lifeashern@gmail.com or drop off at the L.I.F.E. Office 204-768-2187