

the around town paper

Advertising, Design & Marketing in Manitoba by Blue Raven



website: www.blueravendesign.ca email: thearoundtown2020@gmail.com

Vol. 03 No.18

"Love yourself too."

August 3, 2022

Summer Word Search

WORD LIST

BARE FEET
BEACH
BOAT
FLIP FLOPS
FLOWERS
ICE CREAM
LEMONADE
POOL
STRAWBERRIES
SUMMER
SUNSCREEN
SUNSHINE
AWIMMING
UMBRELLA
WATERMELON

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Q: What do you get when you cross an elephant and a fish?

A: Swimming trunks!

JOIN THE HIGHWAY UPDATE GROUPS: www.canadianhighwaysnetwork.ca

Q: Where do you learn to make banana splits?

A: At Sundae School!

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•3 BEDROOMS •12' X 72'
•DECK •CENTRAL AIR
Purchaser responsible for moving
off property & cleanup.

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DETOUR HELC ANADIAN HIGHWAYS NETWORK www.canadianhighwoysnetwork.ca Drivers updating drivers 24-7-85 days a year



What's Going on Around Your Town, Manitoba?

To get your listing seen here, email thearoundtown2020@gmail.com Sorry, no links, online addresses or fundraisers in these sections.

FREE CLASSIFIEDS - Maximum of 100 characters.

Senior Activities: 100% free to attend only.

Baby Announcements: name, birthdate, measurements, proud parents.

Upcoming Events: 100% free to attend only.

PAID CLASSIFIEDS - \$10 PER WEEK - Max. of 100 characters

Garage & Yard Sales: date, time, location only. Church Services: date, time, location only.

DO YOU HAVE A STORY? THE AROUND TOWN PAPER **WILL SHARE IT - FREE!**

We do not have the capabilities to travel and 'report' at this time, but we welcome submissions of articles and stories from across our great province of Manitoba.

Information submitted is printed and/or posted online at the discretion of the editor; submissions may be edited for space and content.

Articles must be in print ready PDF format and include news of the local area.

Photos welcome - please send names of those represented and who photo credit should go to.

Email us at thearoundtown2020@gmail.com

This section is not intended to promote fundraising campaigns.

The Ashern and District **Veterinary Clinic's Summer Hours:**

July 22- September 5, 2022

Monday to Friday: 10am -2 pm Saturday & Sunday - closed No emergency hours available during this time.

> Regular appointments will start Sept 6, 2022

(204) 768-9609





FOR SALE

2 - 100 LB PROPANE TANKS FILLED - \$700 FOR BOTH TEXT/CALL- 204-782-5208



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Watermelons are 90% water

-packed with potassium and vitamins like B6, A and C.

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Coconut water is completely safe for your pets, it is full of electrolytes, calcium, potassium and Vitamin C and helps with a cooling effect on your pet and serve as a great source of hydration too! If your pet is unwell, you can dilute the coconut water with 25% of water to make it easier for your pet to drink.

The lactic acid bacteria present in yogurt and buttermilk are beneficial for your pet's gastrointestinal system. It is also a natural probiotic and keeps the gut healthy and safe.

Blueberries are high in fiber and vitamin C and low in fat, they also help in increasing antioxidants in the blood.

Ginger is highly soothing for your pet's stomach and has anti-inflammatory properties.

Remember to always remove the seeds from any fruit you give to your pet - they can cause blockages and discomfort.



"Look at situations from all angles, and you will become more opem."

Looking at Life from All Sides

Expanding your perspective opens you to insights and inspirations.

Whenever we examine our lives, we examine them from a particular side or angle. Most of us tend to favor one side over the others. For example, we may tend to look at things from an emotional perspective rather than a financial perspective, or we may prefer to think in terms of details rather than the big picture, or vice versa. To a certain degree, this is not a problem, and these tendencies add color to our individual personal-

ities. However, they can also make us one-sided, blind to the many other ways of looking at our situation. Even if we have decided that we are most happy when we focus on one particular side of things, it is always worth exploring the other sides. When we do, we become well rounded, more understanding of other viewpoints, and even more solid in our own.

Perhaps you are a person who tends to see your life in terms of your spiritual well-being. As a result, other concerns such as financial comfort or social standing may not be prominent in your mind as you make decisions. However, taking just a moment to consider those angles will help you in several ways. One, it will enable you to see more clearly what your priorities are and how they influence your life situation. Two, it will enhance your sense of confidence, because you will see your situation from all sides, even as you choose one. And three, it will help you communicate with others about who you are and what you are doing, because you will come from a place of understanding that your own biases and tendencies are unique as are theirs.

Most of us instinctively come at things from a particular angle, and in many cases this is the right way for us. Still, understanding the other angles only strengthens us. When we look at our lives from all

sides, we shed light on the big picture, giving ourselves access to many points of view and highlighting more clearly the one we have chosen to take.

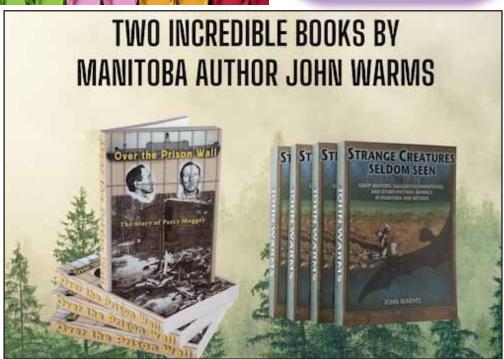
"Some of the best memories are made in flip flops." - Kellie Elmore

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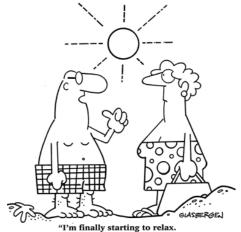
When it feels scary to jump, that's exactly when you jump.

Otherwise you end up staying in the same place your whole life. And that I can't do."

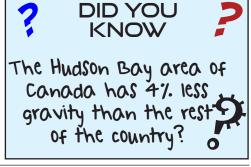
- A most Violent Year, I.C. Chandor



John Warms' Books are available at: R.M. of Grahamdale Office in Moosehorn, Manitoba R.M. of West InterlakeOffice - Ashern & Eriksdale offices and at The Roviera Campground in Fairford, Manitoba RED SUN GAS STATION (Hwy #6) OR CALL: (204) 659-5248



Come look at the pie charts I made in the sand!"



Plum Upside-Down Cake

Serves 8, Hands-On Time: 20 min Total Time: 2hr 20m

Ingredients

1/2 cup (1 stick) plus 1 tablespoon unsalted butter, plus extra for the pan, at room temperature

- 4 firm, ripe plums, each cut into 8 wedges
- 1/4 cup plus 2/3 cup granulated sugar
- 1 cup all-purpose flour
- 3/4 teaspoon baking powder
- 1/4 teaspoon baking soda
- 1/4 teaspoon kosher salt
- 1 large egg
- 2/3 cup sour cream
- 1 teaspoon pure vanilla extract



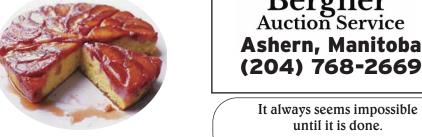
Directions

Heat oven to 350° F. Butter an 8-inch cake pan and line the bottom with parchment paper. Melt 1 tablespoon of the butter in a large skillet over medium-high heat. Add the plums and 1/4 cup of the sugar and cook, tossing, until the sugar dissolves and the juices from the plums become syrupy, 3 to 4 minutes. Arrange the plums in the cake pan in slightly overlapping concentric circles, starting from the outside. Spoon any pan juices over the top. In a small bowl, whisk together the flour, baking powder, baking soda, and salt. With an electric mixer, beat the remaining 1/2 cup of the butter and 2/3 cup of the sugar until fluffy. Beat in the egg, sour cream, and vanilla. Gradually add the flour mixture, mixing just until incorporated.

Pour the batter over the plums and bake until a toothpick inserted in the center comes out clean, 50 to 55 minutes. Let cool in the pan for 1 hour. Place a large plate over the cake pan and invert the cake onto the plate.









It always seems impossible

until it is done.

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NO! IT'S TOO EARLY



"Tom, this is Kate from the office. Boy, you're a hard person to reach when you're on vacation!"

NAT'S BOOTS



CANADIAN MADE 5 STARS!

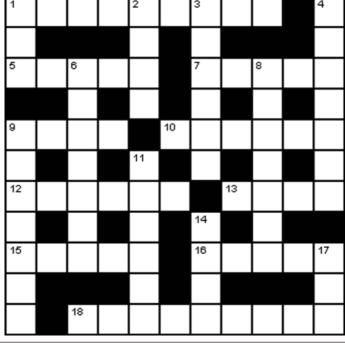
Interlake Rep (204) 768-0543

Whether you think you can or you think you can't - you're right. ~Henry Ford



Alcoholics Anonymous in Manitoba.

Lundar: (204) 739-8093 Eriksdale: (204) 739-6454 Toll Free #: 1-(877) 942-0126 Central office: (204) 943-6051



Across

1. Oily or greasy (9)

5. Bet (5) 7. Young eel (5) 9. Land measure (4)

10. Sultry (6) 12. Dairy product (6) 13. Hex (4)

15. Crowd'scene actor (5)

16. Hidden drawback (5)

18. Accumulated (9)

Down

1. Cutting tool (3)

2. Remedy (4) 3. Wildcat (6)

Contradiction

in terms (7)

6. Article of

clothing (7)

8. Findings of a

jury (7) 9. Of times long past (7)

11. Attack (6)

4. Dull pain (4)

17. Concealed (3)



Released July 29, 2022

Access Credit Union and Amaranth Credit Union Engage In Merger Discussions

Manitoba—The Boards of Directors for Access Credit Union and Amaranth Credit Union are pleased to announce that they are currently engaged in discussions regarding the potential for a merger between the two organizations.

Leaders from Access and Amaranth began discussions earlier in 2022 following Amaranth's expressed interest in joining Access. Both credit union boards value the cooperative principles, which include investing in communities, and keeping rural branches accessible and open. Joining Access, the largest credit union in Manitoba, would allow Amaranth members to benefit from better technology and innovative solutions in an ever-increasing competitive environment.

As part of their continuing due diligence, Amaranth Credit Union will encourage participation by engaging with their members and employees. This will be valuable as they determine their next steps, and the Amaranth board prepares a recommendation to their membership. If the recommendation to move forward proceeds, Amaranth members would vote on the proposal. Access members are not required to vote since Access' portion of assets represent more than 90% of the proposed new entity's asset size.

"The proposed partnership with Access provides tremendous benefits to our members, employees, and communities. Although these discussions are still in the beginning stages, we look forward to bringing more details forward to our members in the future," noted Amaranth President, Marie Strong.

"We continue to look towards building a credit union for all Manitobans. Amaranth shares that perspective and these merger discussions are focused on how to extend that vision to Amaranth and its surrounding communities." shared Kevin Beresford, Board Chair for Access Credit Union.

Following completion of the due diligence process, if the Board of Directors choose to recommend a merger, they will seek Amaranth's membership approval in the fall of 2022.

About Access Credit Union

Access Credit Union was incorporated in 2021 following a merger with Crosstown Civic Credit Union. In 2022, Access Credit Union merged with Noventis and Sunova Credit Unions to become the largest credit union in Manitoba with more than \$10.15 billion in assets. With 52 branches spread across Manitoba, over 900 employees, and more than 168,955 members, Access Credit Union continues to be a financial institution that puts its members first. For more information about Access Credit Union, visit www.accesscu.ca.

About Amaranth Credit Union

Amaranth was incorporated in 1960 and currently serves 1,200 members with \$18 million in assets, one branch, and ten employees in Amaranth, MB.

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dawn.borges@accesscu.ca
1,800,264,2926

accesscu.ca

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