

The
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WHAT KIND OF PANTS DOES A GHOST HUNTER WEAR?

JUST A PARANORMAL JEANS.















♈ **ARIES (Mar 21 – Apr 19)** Your adventurous spirit may lead you into unexpected territory this week, but don't let a little uncertainty scare you away.

♉ **TAURUS (Apr 20 – May 20)** You may feel like hiding away in your cozy little haunted house this week, Taurus. A little Halloween magic could be exactly what your routine needs.

♊ **GEMINI (May 21 – Jun 20)** You've got more tricks up your sleeve than a mischievous witch this week! Not every ghost from your past deserves a chat.

♋ **CANCER (Jun 21 – Jul 22)** Your intuition is sharper than a vampire's fangs this week, Cancer. If something feels off, pay attention rather than brushing it aside.

♌ **LEO (Jul 23 – Aug 22)** You're the star of your own Halloween spectacular! People are drawn to you, and an chance to show off your talents could appear.

♍ **VIRGO (Aug 23 – Sep 22)** Not all needs to be perfectly arranged, Virgo, including the skeletons in your closet! A last-minute change of plans could actually work in your favour.

♎ **LIBRA (Sep 23 – Oct 22)** Don't get tangled in their cobweb of drama, step away and protect your peace. Surprise toward the weekend reminds you life has plenty of treats.

♏ **SCORPIO (Oct 23 – Nov 21)** It's your season and your charm is working overtime! Someone may reveal a secret you've suspected for a while.

♐ **SAGITTARIUS (Nov 22 – Dec 21)** An unexpected invitation could turn an ordinary evening into a memorable one.

♑ **CAPRICORN (Dec 22 – Jan 19)** You've been working like a witch stirring a cauldron, and it's time to enjoy the results.

♒ **AQUARIUS (Jan 20 – Feb 18)** Someone close to you might need a little reassurance rather than another spooky prediction.

♓ **PISCES (Feb 19 – Mar 20)** Your dreams may be unusually vivid, and an old memory could bring some unexpected clarity.



Turn up the Good Vibrations - Feelings vibrate, just as all things in the universe do, at a particular frequency. Negative feelings like anger, guilt, and greed vibrate at low frequencies, while positive feelings like joy, appreciation, and passion vibrate at high frequencies. These high-frequency vibrations make us feel good. This is why people and places that inspire and cultivate positive emotions have what we call good vibrations.

Good vibrations promote health, happiness, and optimism. When we're tuned into them, our bodies heal, our hearts open, and our minds shift toward the light. We see new possibilities and feel powerfully energized to follow our inner visions.

At the same time, we feel relaxed and capable of manifesting these visions without giving into stress or struggle. Good vibrations put us in a state of perfect receptivity so we feel it's the energy flowing through us that accomplishes what needs to be done. We feel guided, supported, protected, and nourished within this joyful flow. We sometimes forget we're allowed to feel this way all the time.

Lower-frequency vibrations aren't bad in a moral sense, but in the sense that they simply don't feel good. Still, they have a purpose, which is to alert us to the fact that we're blocking out the higher-frequency vibrations that we need to function well. They are a call for healing ourselves from within. The key to our healing lies in remembering that it is our birthright to feel good, and that this feeling is the essence of our true nature.

When we are receiving and sending out good vibrations, we're in the flow. When we're not, we can begin to raise our vibration by seeking out people, places, and situations that vibrate at a higher frequency. Whether we need to go on retreat or just call a friend who makes us laugh, seeking out those good vibrations and basking in them is a sacred and loving practice that returns us, time and again, to the joyful flow of the universe.

HALLOWEEN Sudoku

7				2			6	1
		9	8	6				
	3	2	1					8
	2	4	6	7				
1	9		2	3		7		6
8		7				9		3
	8			9	6			4
		1				6		7
5		6		1		2		



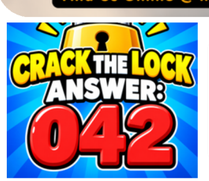
WORD SCRAMBLE ANSWERS: 1. WITCH, 2. GHOST, 3. VAMPIRE, 4. PUMPKIN, 5. SPIDER, 6. CANDY, 7. SKELETON, 8. MUMMY, 9. ZOMBIE, 10. BAT















BEING SCARED DOESN'T MAKE YOU WEAK

Since Halloween is just around the corner, I figured we'd talk about something a whole lot scarier than ghosts, goblins, and whatever questionable thing is growing in the back of your refrigerator. FEAR.

Not the jump-out-of-your-skin kind when somebody sneaks up behind you, I'm talking about the kind that keeps you awake at 2 a.m., staring at the ceiling and imagining seventeen different ways your life could go sideways.

Fear of getting older. Fear of losing someone. Fear of being alone. Fear of starting over.

Fear of failing. And sometimes, the biggest fear of all - fear of actually being happy because you're convinced something terrible must be waiting around the corner. Our brains can be so dramatic.

Being brave doesn't mean you're not scared. It means you're scared and you do it anyway.

Think about all the things you've already survived. The heartbreaks. The disappointments. The days you didn't think you could get out of bed, but somehow managed to get dressed, make coffee, and carry on.

We don't tell someone we love them because we're afraid of rejection. We don't chase a dream because we're afraid of looking foolish. We stay in situations that make us miserable because at least misery is familiar. Sometimes we'd rather be comfortably unhappy than risk being wonderfully happy. Fear is a feeling. It is not a fortune teller.

Just because you're afraid something will go wrong doesn't mean it will. And even if it does? You've survived difficult things before.

You might cry. You might swear. You might eat an entire cheesecake in your pajamas but eventually, you'll figure out your next move.

Be scared, darling. Just don't let scared make all your decisions.

Until next time, Love, Ruby ❤️

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