

SUMMER FUN

Word Search Puzzle



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W A T E R P A R K V A C A T I O N
 F R I E N D S W S T Z G H N A I G
 T S A Z Q P A B Q C N P N M D C S
 E W O N C H I I Y I A S U R X E N
 B I C Y C L E C P C R Y O Z M C F
 O M P W I Z J M N E F J A A P R R
 U M E I F M A T L I U I G M O E I
 T I H G A C O K X C C B S N P A S
 D N N J X O N P S M B K E H S M B
 O G W V F I I P X D R T R A I X E
 O O U E R R O C O O K O U T C N E
 R A R P T L F U W S S C V Q L H G
 S A S D F O L E M O N A D E E T A
 B A A P E Q R S U N S H I N E M N
 W O I F A I R G R O U N D P X B M
 R L W N F E K N B A S E B A L L X
 F B B M Y P M V T D G I S W O R V



Riddle Answer from page 3: light

- | | | |
|------------|------------|------------|
| BAREFOOT | FISHING | PICNIC |
| BASEBALL | FLIP FLOPS | POPSICLE |
| BEACH | FRIENDS | ROAD TRIP |
| BICYCLE | FRISBEE | SPRINKLERS |
| CAMPING | GAMES | SUNSHINE |
| COOKOUT | ICE CREAM | SWIMMING |
| FAIRGROUND | LEMONADE | VACATION |
| FIREWORKS | OUTDOORS | WATER PARK |



SHOULD MANITOBA FINALLY STOP CHANGING THE CLOCKS?

Twice a year, Manitobans go through the same routine: changing the clocks on the stove, the microwave, the truck dashboard and somehow still missing one clock in the house. Now, the Province of Manitoba is asking residents whether it's finally time to stop changing the clocks altogether.

The government has launched a public survey asking Manitobans whether they support keeping the current time-change system, moving permanently to Daylight Saving Time, or staying on Standard Time year-round.

For many people, the seasonal clock changes are more than annoying. Some say it disrupts sleep, routines and concentration for days afterward. Others love the idea of brighter summer evenings for camping, gardening, baseball and enjoying Manitoba's short warm season.

Not everyone agrees on the solution, though. Some residents worry darker winter mornings could make travel and school bus waits more dangerous. Others simply want the twice-yearly clock confusion to end forever. As expected, Manitobans have strong opinions.

The provincial survey is now open for public feedback. [TAKE THE SURVEY HERE: https://engagemb.ca/time-change/surveys/survey](https://engagemb.ca/time-change/surveys/survey)



If it's not yours, don't take it. If it's not right, don't do it. If it's not true, don't say it. If you don't know, then zip it.

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♈ ARIES (Mar 21 - April 19) You are running on determination, caffeine and pure stubbornness this week. A conversation near the weekend may surprise you in a good way.

♉ TAURUS (April 20 - May 20) Comfort is calling your name this week. Good food, familiar people and quiet evenings may be exactly what you need.

♊ GEMINI (May 21 - June 20) Your social battery is back and people are drawn to your energy. Expect messages, invitations or random reconnecting with someone from the past.

♋ CANCER (June 21 - July 22) You may be feeling more emotional than usual, but don't mistake sensitivity for weakness. Trust your instincts this week.

♌ LEO (July 23 - Aug 22) Channel your energy into creativity instead of conflict. Someone around you needs your confidence more than your criticism.

♍ VIRGO (Aug 23 - Sept 22) Your mind is in overdrive trying to organize everything and everyone. Take a breath. Not every problem is yours to solve.

♎ LIBRA (Sept 23 - Oct 22) Balance feels slightly off this week, especially between work and personal life. Don't ignore your need for rest just to keep everyone else happy.

♏ SCORPIO (Oct 23 - Nov 21) Be honest, but don't sharpen the words unnecessarily. Your intensity is powerful this week – use it wisely.

♐ SAGITTARIUS (Nov 22 - Dec 21) Adventure doesn't always mean travel. Sometimes it simply means saying yes to something different.

♑ CAPRICORN (Dec 22 - Jan 19) You are focused on responsibilities, goals and getting things done... but life is asking you to loosen your grip a little.

♒ AQUARIUS (Jan 20 - Feb 18) Your ideas are strong this week, but not everyone will immediately understand your vision. Don't let that discourage you.

♓ PISCES (Feb 19 - Mar 20) You're feeling reflective and nostalgic this week. Music, memories or old photographs may hit differently right now.



Little Joys in Life - Life is full of little wonders that can make us happy. The sound of a baby's laughter, a good book, the comforting smell of a favorite old sweatshirt, and the warmth from a cup of hot tea are simple pleasures that can easily put smiles on our faces. These "little things" are easily accessible to us and can be sources for happiness. A key to finding them is taking the time to put those rose-colored glasses from childhood back on, so you can easily see the joy in all the "little things" life has to offer.

Finding a puppy rummaging through the laundry basket, trying on that perfect shade of lipstick, or discovering the extra change you left in your back pocket can turn into moments of delight. Like kids digging in the sandbox for buried trinkets, we may even begin to experience happiness when we engage in the seemingly mundane.

Figuring out a software program can feel like deciphering a treasure map, and that first sip of tea in the morning can taste like a forbidden delicacy. Swaying to music playing on the radio can turn into an interpretive jig, riding a bike can seem like flying to the moon, and getting a phone call from that special someone can feel like winning the lottery. A pickup game of basketball becomes an exciting match among champions, and observing an elderly couple walking hand in hand can turn into a meditation on peace and contentment.

When we begin rediscovering that the little things in life can make us happy, we naturally want to share this joy with others. We may gush over a friend when we run into them unexpectedly, praise a street musician for their talents, or blow bubbles for the neighborhood kids to chase. We may even start to think of the little things we can do to make other people happy, which in turn makes us happy all over again. There is an endless supply of little things and little moments that can make us happy. All we have to do is look for them, and they'll magically start to appear.



CAN YOU FIND THE 10 HIDDEN MANITOBA THINGS?
They're hiding in plain sight!

FIND THESE 10 ITEMS:

- 1 MOSQUITO
- 2 HONEY DILL
- 3 SNOW SHOVEL
- 4 HOCKEY STICK
- 5 PEROGY
- 6 GOOSE
- 7 TIM HORTONS CUP
- 8 CURLING ROCK
- 9 HIGHWAY CONE
- 10 FARMER SAUSAGE



Netflix Review: Remarkably Bright Creatures

If you're looking for explosions, car chases and edge-of-your-seat action, this is not your movie. But if you want something warm, thoughtful and quietly emotional, Remarkably Bright Creatures may completely win you over.

Starring the legendary Sally Field, the film follows a grieving older woman who forms an unexpected connection with a giant Pacific octopus at the aquarium where she works. Yes, an octopus. And somehow, it works beautifully.



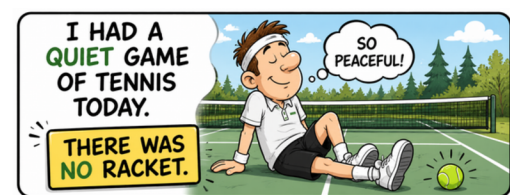
The movie moves gently, focusing on loneliness, healing, family and the strange ways life reconnects people when they least expect it. Sally Field delivers the kind of performance that feels effortless and real, while the octopus; witty, observant and surprisingly lovable, nearly steals the entire film.

It's heartfelt without being overly cheesy, emotional without becoming heavy, and visually calming in a way that feels almost therapeutic. Think rainy coastal mornings, quiet conversations and a story that slowly wraps around your heart.

🍿🍿🍿🍿🍿🍿🍿🍿 9/10 Popcorn Buckets. A lovely reminder that connection can come from the most unexpected places.



Honoured are the ones who smile at bees, refill bird baths, and admire old trees.



Dear Ruby, How does everyone seem to juggle spring planting, yard work, family, work and life without completely losing their minds? I look outside and see flower beds that need cleaning, seeds that need planting and windows that somehow got dirty again. I want to enjoy spring, not feel buried by it. – *Overgrown & Overwhelmed*

Dear Overgrown, First of all, nobody has it all together in spring. We're all out there pretending we have a master gardening plan while secretly standing in the yard holding a rake wondering where to even start.

Spring has a funny way of making us feel like we should suddenly transform into professional landscapers, marathon cleaners and wholesome outdoor people all at once. Meanwhile, real life is still happening. Laundry still exists. Supper still needs cooking. Work still calls. And the weeds somehow grow faster than human motivation.

Here's the thing: not every flower has to bloom in the same week.

Plant a little. Rest a little. Enjoy the sunshine while you're out there instead of racing through it like it's another chore on a checklist. Some years are for giant gardens. Some years are for a couple pots on the step and keeping yourself sane. Both count.

And honestly? The people with the perfect yards usually aren't showing you the pile of tools behind the shed or the dandelions hiding around the corner.

Spring isn't meant to be conquered. It's meant to be noticed. The birds came back. The trees are trying again. Maybe we can too. 🌱

~Ruby 💋



I can fill a room, but I take up no space. What am I?