

# Dreams

All the words are hidden vertically, horizontally or diagonally—in both directions. The letters that remain unused form a sentence from left to right.



S U D D E N N I G H T M A R E  
 D R R E B A E F R E Q U E N T  
 M I E N G R K I S E U G A V O  
 S C E P F T A E N T S W E A T  
 L O D E R C W I M A G I N E O  
 E N A R M E A P N L F E A R T  
 E F F S A N S W E R S A R I C  
 P U E P L E A S A N T D B T I  
 W S D I R O N F I H A A L L D  
 A I U R E E F J U O H C I U E  
 L N E E M O H N O A N H O T R  
 K G R I E N E T G Y I L S S P  
 I O F Z M M G E A N A U T I M  
 N E O S B P N E D E O B O P L  
 G D E C E A A E N I R E L V E  
 R U C E R N R F R L Y B I E N  
 C H A R A C T E R T H E B E D  
 I R D M E S S A G E R E A M S

FADE  
 FEAR  
 FREQUENT  
 FREUD  
 HABIT  
 HINDER  
 IMAGINE  
 LATE  
 LOUD  
 MESSAGE  
 NIGHTMARE  
 PERSPIRE  
 PLEASANT  
 PREDICT  
 RECUR  
 REMEMBER  
 REPRESSION  
 SERIOUS  
 SLEEPWALKING  
 STRANGE  
 SUDDEN  
 SWEAT  
 VAGUE

ANSWERS  
 AWAKEN  
 BED

BRAIN  
 BREATHE  
 CHARACTER

CONFUSING  
 DOZE OFF  
 ENJOYABLE



## DELETE ONE

Delete one letter from I'M A DREAM and find something mythical.



# The Around Town Paper



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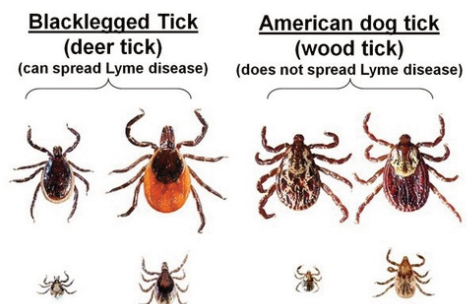
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April 10, 2024

One of the easiest ways to tell the difference between a deer tick and a dog tick is to look at the markings in its back (also known as its shield or scutum). Adult deer ticks do not have any white markings on their back where adult dog ticks do.

Exposure to blacklegged ticks can occur April to November with the nymphs being active in the late spring and early summer and the adults being active in the spring and fall. Blacklegged ticks are active until air temperatures are consistently below 40C. Cedarwood – Musky cedarwood is actually toxic to ticks and their larvae, making it an excellent choice for repelling them. It is also safe to apply to people and pets, so it's easy to see why it is one of the best options.



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Note: Tax office will close on June 20th. Please make time February-June to have your taxes completed.



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## WORK-FROM-HOME PROBLEMS



### SHARING A LAPTOP

What 5-letter word typed in all capital letters can be read the same upside down?

**SWIMS**

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## THIS WEEK'S HOROSCOPES

Your day starts with a burst of your natural fiery energy. Aries pushing you to initiate projects with enthusiasm. As the Moon enters Taurus, channel this dynamic start into more sustained efforts. Focus on tangible outcomes and indulge in the simple pleasures of life to recharge your spirits.

**Taurus (April 20 - May 20):**  
The Moon's entry into your sign brings a welcome sense of calm and grounding after a potentially hectic start to the week. Embrace this shift as an opportunity to align with your values and priorities.

**Gemini (May 21 - June 20):**  
Gemini, you may feel the urge to slow down and reflect as the Moon moves into your spiritual twelfth house. Use this time for introspection and to connect with your inner world.

**Cancer (June 21 - July 22):**  
With the Moon entering Taurus and your eleventh house, focus on your social connections and long-term aspirations. It's a great day to solidify friendships and engage with your community.

**Leo (July 23 - August 22):**  
Today highlights your career and public image. Leo, The Taurus Moon emphasizes the importance of perseverance and using a steady approach to achieve your goals. Showcase your reliability and commitment to quality in all professional dealings.

**Virgo (August 23 - September 22):**  
The shift to Taurus encourages you to expand your horizons, Virgo. Whether through learning, teaching, or publishing, seek out opportunities to share your knowledge and wisdom.

**Libra (September 23 - October 22):**  
Libra, today's focus is on transformation and deeper connections. The Taurus Moon illuminates your eighth house, urging you to explore intimacy and shared resources. Financial and emotional investments made now favor long-term benefits.

**Scorpio (October 23 - November 21):**  
Relationships come into focus, Scorpio, as the Moon enters your opposite sign. It's a day for collaboration and understanding different perspectives. Embrace compromise and seek stability in partnerships. Show appreciation for your loved ones through simple, tangible gestures.

**Sagittarius (November 22 - December 21):**  
The day calls for attention to your health and daily routines, Sagittarius. The Taurus Moon motivates you to create more sustainable habits and a stable work environment.

**Capricorn (December 22 - January 19):**  
Capricorn, creativity and pleasure are highlighted as the Moon moves into your fifth house. Engage in activities that bring you joy and allow your artistic side to flourish.

**Aquarius (January 20 - February 18):**  
Your focus shifts towards home and family, Aquarius. The Taurus Moon encourages creating a serene and secure domestic environment. It's an ideal time for beautifying your living space or connecting with family members over a hearty meal.

**Pisces (February 19 - March 20):**  
Today enhances communication and connection, Pisces. With the Moon in Taurus, your conversations can be more meaningful and productive. It's an excellent day for writing, studying, or sharing your ideas with others.



**Using Your Pain to Help Others** - You can channel your pain into helping others and spread a tide of curative energy throughout the world. Pain is a fact of being and one that permeates all of our lives to some degree. Since the hurt we feel may be a part of the experiences that have touched us most deeply, we often don't want to let it go. It is easier to keep our pain, where it acts as a shield that shelters us from others and gives us an identity from which we can draw bitter strength. However, pain's universality also can empower us to help others heal. You can channel your pain into transformative and healing love to help individuals on a one-to-one basis and spread a tide of curative energy throughout the world.

The capacity to heal others evolves naturally within those who are ready to disassociate themselves from their pain identity. In fact, the simple decision to put aside the pain you have carried is what grants you the strength to redeem that pain through service. There are many ways to use the hurt you feel to help others. Your pain gives you a unique insight into the minds of people who have experienced trauma and heartache. You can draw from the wellspring of strength that allowed you to emerge on the other side of a painful experience and pass that strength to individuals still suffering from their wounds. You may be able to counsel individuals in need by showing them the coping methods that helped you survive. A kinship can develop with those you are trying to aid and comfort.

Helping others can be a restorative experience that makes your own heart grow stronger. In channeling your pain into compassionate service and watching others recover, you may feel a sense of euphoria that leads to increased feelings of self-worth and optimism. Your courageous decision to reach out to others can be the best way to declare to yourself and the world that your pain didn't defeat you. In fact, it helped you heal.

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## Slow Cooker Barbeque Pork Ribs

- INGREDIENT LIST:**
- 1 • tbsp smoked paprika
  - 1 tbsp ground cumin
  - 2 tsp dried oregano
  - 1 tsp garlic powder
  - 1/2 cup Tomato Sauce
  - 1/3 cup tomato sauce
  - 2 tbsp White Wine Vinegar
  - 1/3 cup golden syrup
  - 2 kg pork ribs
  - Extra barbecue sauce, to serve



**Combine** 1 tbsp smoked paprika, 1 tbsp ground cumin, 2 tsp dried oregano and 1 tsp garlic powder in a bowl. Add 1/2 cup Tomato Sauce 1/3 cup tomato sauce, 2 tbsp White Wine Vinegar and 1/3 cup golden syrup. Season with salt and pepper.

**Cut** 2 kg pork ribs into portions large enough to fit in slow cooker bowl. Layer ribs and sauce mixture in slow cooker bowl, finishing with sauce mixture. Cover with lid. Cook on low for 8 hours.

**Preheat grill on high.** Place ribs on a large foil-lined baking tray. Spoon over some of the sauce from the slow cooker. Grill for 3 to 4 minutes or until ribs start to char and caramelize. Serve ribs with Extra barbecue sauce, to serve.



**The Around Town Paper**

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